

T H E
ECHO

DECEMBER 2017

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Letter from the Editor

A hearty Holidays greeting and end-of-the-year thank you to everyone — especially to all who make the *Echo* possible — copy editor **Mary Barbosa** and proofreading editors **Carol-Joy Harris** and **Anila Manning**, all the writers, and **Doug Muhly** and the wonderful keep-on-truckin' monthly deliverers.

New Directory

Watch for a large notebook on the clubhouse desk soon with your data-to-be- (or not-to-be-) printed in the new 2018-19 Directory. You can indicate what you want it to say about you and how you want to be contacted throughout the year by others in the Park. Your input is needed to keep it accurate. It will only be available for a short time, so please be sure to mark that you've OK'd your information.

Ever dream of being the *Echo* editor? Please contact me!



Directory Update

New Residents

Alexis Newman Friedman
and **Emanuel Larry Friedman**

38 Marin Valley Drive
415-407-4701

Elizabeth Lev

107 Marin Valley Drive
414-345-0725

Sharon Anderson

55 Club View Drive

Lorna Sass

11 View Ridge Drive

Lisa Jackler

121 Panorama Drive



COMMUNITY DANCE

Saturday, December 2 • 7-9 pm

Carefully curated music from the last century by DJs **Inga and Pia** won't have you sit out even once!



SAVE THE DATE

Bill Hartwell Is Coming to Marin Valley!

Sunday, January 28 • 3-5 pm

- Country-folk singer-songwriter Bill Hartwell, who currently resides in San Diego, primarily performs in Southern California, but his gigs have taken him from coast to coast. His performances over 30 years include playing original songs from his five CDs.

- Bill is an old friend of residents Charlotte Kells and Lee Dunne. They are sponsoring this free event for our community on Sunday, January 28 from 3 – 5 pm at the clubhouse.

- Light refreshments will be served.
- Check him out at billhartwell.com

THE
ECHO
DECEMBER 2017

MARIN VALLEY

MOBILE COUNTRY CLUB

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A PUBLICATION OF MHB Group Region 8
www.mobilehomeboard.com/

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Larry Cohen, Carol-Joy Harris,
Susan Meyer, Kevin Mulvany, Lee Pochapin
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DIRECTOR/HOSPITALITY Larry Moore 883-0486
DIRECTOR/RESERVATIONS Carolyn Corry 370-6403

SUBMITTING ARTICLES

Email articles with "ECHO" as the first word of the subject line and a copy of the article in the body of the email to Erma Wheatley:
ermawheatley@gmail.com

Images should be as large as possible to enable a 300 ppi resolution (*pixels/inch*).

DEADLINE

Everything is due the 8th of the month or sooner for the following month's issue.

Letter to Residents

Greetings from the PAC Board.

Our finances are in order.

The North Bay fires were downright scary for everyone. Most of the folks who died were trapped in their homes. We need to be able to alert everyone immediately and convincingly of an occurring or approaching disaster.

PAC and MVEST visited the devastated area and returned convinced that our community needs to continue to develop its ability to mitigate impact from disasters that are sure to come. As plans develop, we will be reporting to you. Should you have suggestions or comments, please attend the meetings or contact a PAC or MVEST representative.

This year's budget anticipated some of the immediate needs with the help of Management and the PAC. The budget is ably being administered by Al Frei's group with the help of the City of Novato staff.

You are encouraged to join in our community affairs by participating not only in Mar Val social events but also in activities of HOL, MVEST, Firewise, CERT and the PAC. Let's continue to strengthen our community and support one another by continuing to evolve a safe and secure homeland.

December PAC Meeting

Please note the December meeting will take place on the first Tuesday of the month, **December 5, at 6 pm** instead of the usual first Wednesday of the month.

In service,


Jay Shelfer
PAC PRESIDENT
jjshelfer@yahoo.com

Management Update

Happy Holidays, Marin Valley!

V-Ditch and Sump Pump Systems

V-ditches are clean of debris. These lead to the storm drains for water evacuation during rainstorms.

Fire-Prone Plant Removal Has Been Very Successful

One hundred forty residents have participated, providing authorization for Park-hired contractors to remove fire-prone plants from rental lots. Some members of the community still have not wanted their juniper plants removed. You can call the front desk if you change your mind and want to join others and have your fire-prone plants removed.

Retaining Wall Projects

Installation for multiple repairs and/or replacements of retaining walls, including drainage systems installed in the last several months, completes the budget line item for this year.

Pool and Spa Hours

Pool is closed for the season. Spa closes at 9 pm. Bright Star Security will close and lock pool gate at 9 pm, so please finish your time in the spa prior to 9 pm and remember to lock the changing room door when you leave.

Now that it gets dark earlier, please remember to wear reflective clothing while walking at night on MVMCC streets. Several residents have expressed concern over not being able to see dog walkers at night.

Thank you.


Matt Greenberg
GENERAL MANAGER
gm.mvmcc@gmail.com
415-883-5911 Fax
415-883-1971



HOLIDAY PARTY

December 16, 2017

5 PM Cocktails 6 PM Dinner

ENTRÉE CHOICES

Pork Loin with Apple ■ Salmon ■ Fettuccine Alfredo

Mixed Green Vegetables

Roasted Potatoes

Cheesecake

Reservations are limited to two people per residence.

Reservation box will be on the counter December 1.

Early reservations will not be accepted.

**Reservation deadline is December 13 at 5 PM
or when 140 reservations have been received.**

*For questions, please call Carolyn Corry
at 415-370-6403*

Message from MAR

Dear Friends,

The Mar Val Board is delighted to confirm that, thanks to the generosity of our neighbors, the 2017 Black Cat/Halloween Party was a financial success. We are particularly grateful to **Sandee Duncan, Larry Moore, and Pauline Hawkins** for the hours spent sorting and pricing donated items. The bakery under the enthusiastic direction of **Sherry Dougherty** has broken its profit records year over year for the three years she has been involved. Many thanks to all our excellent bakers, particularly **Karen and Doug Muhly.**

HOL and Mar Val Holiday Dinner

Now to the much anticipated December festivities. HOL and Mar Val will once again join forces to host the Holiday Dinner. This annual event is open to all Marin Valley residents and will take place Saturday, December 16, beginning at 5 pm. As you will note from information on this page, when making your reservation please include a check payable to Mar Val which will be returned when you arrive at the party.

Finally, what are you doing New Year's Eve? If you have attended our party in the past, I know you will not dream of missing it this year. If you haven't had the opportunity to attend this joyful event do yourself a favor and join in an evening of food, champagne, dancing, and enjoying the talents of our very own DJ, **Charles Watson.**

With warmest regards,

Kathleen Dargie
MAR VAL PRESIDENT
kfdargie@aol.com

2017 HOLIDAY PARTY RESERVATION FORM

Please circle entrée choice

RESIDENT _____ Pork Loin Salmon Fettuccine

RESIDENT OR GUEST _____ Pork Loin Salmon Fettuccine

Checks only (payable to Mar Val—NO CASH, please) Number of attendees ____ at (\$12/person) TOTAL \$ _____

Reservation deadline — December 13 at 5 PM or when 140 reservations have been received.

Reservation box will be on the lobby counter December 1 (early reservations not accepted).

For questions, please call Carolyn Corry at 415-370-6403



Holiday Party December 16, 2017 • 5 pm

If you are a single resident in your home, you may bring one guest to the party; if there are two residents in the home and both are attending, NO guests are allowed. In order to confirm your reservation, you must include a CHECK (CASH WILL NOT BE ACCEPTED) made payable to Mar Val for \$12 per person. When you arrive at the party your check will be returned to you. If you do not attend the event, your check will be cashed. Deadline for reservations is December 13 at 5 pm or when 140 reservations have been received.

New Year's Eve Party December 31, 2017 • 6:30 – 9 pm

\$12/person for residents, \$15/person for guests, limit of two guests per home. Reservation deadline is December 28 at 5 pm or when 120 reservations have been received. There must be SEPARATE checks and reservation forms for each event. Put reservation forms/checks for both events in the box.

*For questions, please contact Carolyn Corry
at 415-370-6403*

HOLIDAY PARTY and NEW YEAR'S EVE

The reservation box will be on the clubhouse counter starting December 1.

- **EARLY RESERVATIONS WILL NOT BE ACCEPTED** • Only reservations placed in the box will be honored. In fairness to all, **RESERVATIONS DROPPED OFF PRIOR TO DECEMBER 1 WILL BE RETURNED.**



NEW YEAR'S EVE PARTY

December 31, 2017
6:30 – 9 PM

Buffet

Champagne Toast

Dancing

Charles Watson will again be the DJ!

\$12/person for Residents

\$15/person for Guests

Limit of two guests per home

*Reservation deadline is December 28 at 5 PM
or when 120 reservations have been received.*

*For questions, please call Carolyn Corry
at 415-370-6403*

2017 NEW YEAR'S EVE PARTY RESERVATION FORM

RESIDENT _____ RESIDENT _____

GUEST _____ GUEST _____

Number of residents attending ____ at \$12 each: \$ ____ Number of guests attending ____ at \$15 each: \$ ____

Checks only (payable to Mar Val — NO CASH, please) TOTAL \$ ____

Reservation Deadline—December 28 at 5 PM or when 120 reservations have been received.

Reservation box will be on the lobby counter December 1 (early reservations not accepted).

For questions please call Carolyn Corry at 415-370-6403



After the Fires

by JOHN HANSEN



PHOTOGRAPH: JOHN FELD

Journey's End Mobile Home Park in Santa Rosa one month after the Sonoma/Napa fires that ignited on October 8, 2017.

Although California endured one of the most destructive and devastating wildfires in its history and is continually on alert for its infamous earthquakes, historically, the most common and most expensive disasters in California are caused by water — torrential rains, flash floods, not-so-flash floods, mudslides, seepage. You could say that in California ... **drought is the space between floods.**

A NASA weather expert predicts that this winter will be either wet or dry. The National Weather Service (NOAA) suggests that this winter will be average. But what is average after the last few years? Thus not too much help from the experts.

This year, other experts suggest we may have a La Niña event, which would mean a shorter and potentially drier and warmer winter season. But La Niña is, at best, speculative. So again we really have no clear indication of the potential rainfall or temperatures.

Whatever the long-term forecasts, we are certainly likely to have a few major winter storms, and they could begin as early as this month. How soon, how frequent, how many, and how intense? It remains to be seen.

The important question is:

How ready are you?

If you're not sure, here's a handy study guide — and there will be a quiz:

Come the Rains

Roof Expansion and Contraction

Aluminum roofs shrink with the cold and expand when it warms up — every day. And nearly all of us have aluminum roofs. You may have heard the creaking sounds in the morning when the sun first peeks from behind the fog. Over time, that movement can cause leaks to form, mostly along seams. The best recourse is to clean and inspect your roof. Then paint it with a reflective-white, flexible roof paint — it expands and contracts along with the roof, seals leaks, and can keep you a lot cooler in the summer, too.

Gutters

Rain gutters need to be periodically emptied of leaves and debris and then flushed. They fill up with gunk over time and stop doing what they are supposed to do. This can lead to water accumulating where it shouldn't, and to various ensuing problems.

French Drains

French drains are buried pipes that collect and transport water. Properly positioned and installed, a French drain can divert storm runoff to the street and away from under your home, where it can cause all sorts of problems — mostly having to do with mold — such as rotting floors and footings, musty smells, and declining respiratory health.

Thank You for Removing Fire-Prone Plants

Now that so many of us have so judiciously removed our junipers and other “pyrophytes” to prevent explosive fires from possibly consuming our homes, those remaining bare slopes can be fodder for increased storm runoff, erosion, and sluggish storm drains. Better not leave them bare for too long.

Capillarity

Capillarity — that's how water gets from tree roots up to the leaves. The same process can occur in your home. Water can travel up, down, and sideways for considerable distances. Small leaks in walls, roofs, and elsewhere can lead to wet spots appearing who knows where in your home. Pay attention to old outdoor fittings, flashing, and trim; attached planters; window and door slides and weep holes in windows; weatherstripping and caulking; and roof corners, eaves, and awnings. Anywhere water can get in, it will get in and travel in some frustratingly circuitous channel to eventually show itself, some unbelievable distance from its origin.

Wind

Most of us who have been here a few years have seen the wind do some pretty strange things during winter storms. Don't underestimate it! It only takes a single rogue gust to deposit your outdoor furniture where you would never dream it possible. Expect and plan for the worst. Be sure everything is secured beyond what you may think is “probably good enough,” because chances are, it won't be.

LED Flashlights and Lanterns

As we know from this year's dramatic power outages, we are all quite dependent upon our electrical power. Winter storms occur when days are short and cool, and nights are long and cold. When the power fails, it can be more than just an inconvenience. Avoid candles and unvented heaters! I suggest starting now to accumulate a wealth of LED flashlights and lanterns. They're affordable (check out Costco), and the batteries last a long time. If your power dependency is greater than most, let someone know you are at risk — and have a good Plan B.

Space Heaters

Space heaters are the second-most-common cause of household fires (right behind kitchens). You're way better off falling asleep under extra blankets than leaving a space heater on at night.

If you're concerned about any of these all-too-common domestic issues, a good place to start is to check out our handy contractor binder in the library or talk with Matt or one of those neighbors-with-skills. These resources can help lead you in the right direction.

Quiz — Pass or Fail

Oh, yes, about that quiz ... any telltale water stains on your walls and ceiling or moldy off-fragrances will tell whether you passed or not. ■

Home Owners League Message

Holiday Dinner

HOL is delighted to partner with Mar Val in sponsoring the 2017 Holiday Dinner for residents on Saturday, December 16. Please arrive full of holiday spirit. (If you don't have it yet, you will be sure to find it there!)

Good Neighbor

Want to be a good neighbor, but don't know what your neighbor needs or wants? Embarrassed to ask for help with a small task lasting one hour or less? Go to the Just-1-Hour box on the clubhouse wall near the top of the stairs. You will find two pieces of paper (one green, one salmon) with the potential to enrich your experience of living in our special little village.

New Storage Shed

Have you seen the new HOL storage shed at the clubhouse? The shed that looks like a cute little cottage, with window curtains (designed and crafted by HOL Board member, Jeannine Freedom)? This will be the repository of all things HOL, from historic archival documents to Craft & Chat supplies and next year's



Ted Gaebler, president of the Unitarian Universalist Congregation of Marin congratulates Joan Nelson for her leadership on social action projects award.

Bark-in-the-Park, and Clean-up-the-Park supplies.

Meanwhile, HOL extends best wishes for a healthy and happy holiday season and a far more neighborly world, not just in our little microcosm but throughout the neighborhoods of the world.

December HOL meeting:
**Wednesday, December 20,
6 pm** in the Fireside Room.

A handwritten signature in cursive script that reads "Joan Nelson".

Joan Nelson
HOL PRESIDENT
figleafjoan@comcast.net
415-506-4166
415-595-6221 cell

ART IN THE PARK



by **SUZIE LAHR**

The holiday season is upon us, so please visit our Marin Valley Gallery if you want to purchase a beautiful piece of art for someone special in your world! The price list book in the Fireside Room has all the artist contact names and information for getting in touch with any of the resident artists represented in the exhibit. Enjoy the exhibit over the holidays with your friends and family, and sign our guest book (we really do read it) so we know you have stopped by!

Marin Valley artists, please note we will be taking a winter holiday break from meetings and get-togethers. We will reconnect in January with renewed enthusiasm to celebrate a new year together, along with several new resident artists among us. I will be sending you an email with a January meeting date, so let me know if you would like to be added to my email list at suzielahr@aol.com.

At our January meeting we will plan the hanging of the next resident artist exhibit in March as well as the production of our "2018 Art in the Park" event in May. Several of you have already committed to being part of this 2018 event, and many friends and neighbors have communicated to me that they really missed our event in 2017. This is your opportunity to begin creating and collecting all your artwork so we are all ready to go in 2018!

My gift to you is the peace and joy of creating art for yourself and to display it for others to enjoy and for all to be inspired by the beauty of art. Happy Holidays!



ART AROUND THE PARK

Marin Community Fdn.

Hangar #5, Hamilton
Jean-Marc Brugeilles
Supercosmos of Dreams
Through Jan. 12, 2018
Mon. – Fri., 8 am – 5 pm

Marin MOCA

500 Palm Drive, Hamilton
Contemporary Landscape
and *Small Treasures*
Dec. 2, 2017 – Jan. 7, 2018
Wed.–Sun., 11 am–4 pm

Marin Civic Center Gallery

Variety of Visions:
Through the Eyes of Marin
County Employees
Through Jan. 11, 2018



Julius Caesar

Thursday • December 7 • 7pm

(1953) *Biography, Drama, History* 120 minutes

Director Joseph L. Mankiewicz

Starring Marlon Brando, James Mason, John Gielgud, Edmond O'Brien, Greer Garson, Deborah Kerr

Oscar for Best Art Direction-Set Decoration (b/w), nominated for Best Picture, Best Actor, Best Cinematography, Best Music Score

In one of Shakespeare's most famous plays, Julius Caesar's conquests have enabled him to rise to the status of Roman dictator. But his ascent to God-like status has given pause to influential members of the Roman Senate. Chief among them is Cassius, who is troubled by Caesar's popularity and dictatorial stature. Convinced that Caesar's assassination would be the best thing for Rome, he conspires to plot Caesar's murder. Despite dark omens, Caesar walks confidently into the Roman Senate, where he is stabbed to death by the conspirators. His companion Marc Antony is shocked and runs to the corpse of his beloved friend. He agrees to support Brutus while an unruly mob gathers in front of the Senate doors, having heard rumors of Caesar's assassination. Brutus convinces the mob that Caesar's death was for the good of Rome, preventing the formation of a monarchy. Then Antony appears, determined to destroy the conspirators; he delivers a speech that subtly damns the assassins. With the mob against them, the conspirators are forced to flee Rome, and Antony organizes an army against them.



Film Night

First and Third Thursdays ■ Clubhouse ■ 7 pm

PLEASE, NO FOOD OR DRINK—
but feel free to bring your comfortable chair

Contact: johnmfeld@gmail.com

Life of Brian

Thursday • December 21 • 7pm

(1979) *Comedy* 94 minutes

Director Terry Jones

Starring Graham Chapman, John Cleese, Terry Gilliam, Eric Idle, Terry Jones, and Michael Palin

Oscar nomination for Best Original Screenplay

The story of Brian of Nazareth, born on the same day as Jesus of Nazareth in the next stable over, who takes a different path in life that leads to the same conclusion.

Set in 33 A.D. Judea, where the exasperated Romans try to impose order, it is a time of chaos and change, with no shortage of messiahs and followers willing to believe them. At its center is Brian Cohen, who by a series of absurd circumstances is caught up in the new religion and reluctantly mistaken for the promised messiah. The Monty Python folks shine in multiple roles as they question everyone and everything from ex-lepers, Pontius Pilate, and haggling to revolutionaries, crazy prophets, religious fanaticism, Roman centurions, and crucifixion, forever influencing our biblical views. ■



Keep Rats from Getting Inside

by ERMA WHEATLEY

It's more common for rats to enter a house during cooler winter weather. If you want to keep them away, there is an excellent 100% effective natural rat repellent — it's called finding and sealing shut all the entry holes in your house that the rats are using to gain entry. That's it.

Other than cats, that's by far the most effective way to keep away rats for good. The way to solve a problem with rats is to deny them access, to physically block them out of the house.

Finding their entry points is the vital thing. It basically just takes a very detailed inspection of your home, including every part of the roof, all the vents, the plumbing, and entryways.

Impact on Human Health

The Marin/Sonoma Mosquito & Vector Control District warns that rats contaminate food and animal feed and may transmit diseases. These diseases

may be contracted when food or water is contaminated with rat feces or urine and is ingested or contacted by humans. Rats harbor ectoparasites such as fleas and mites which may come in contact with humans and animals.

Control and Cleaning

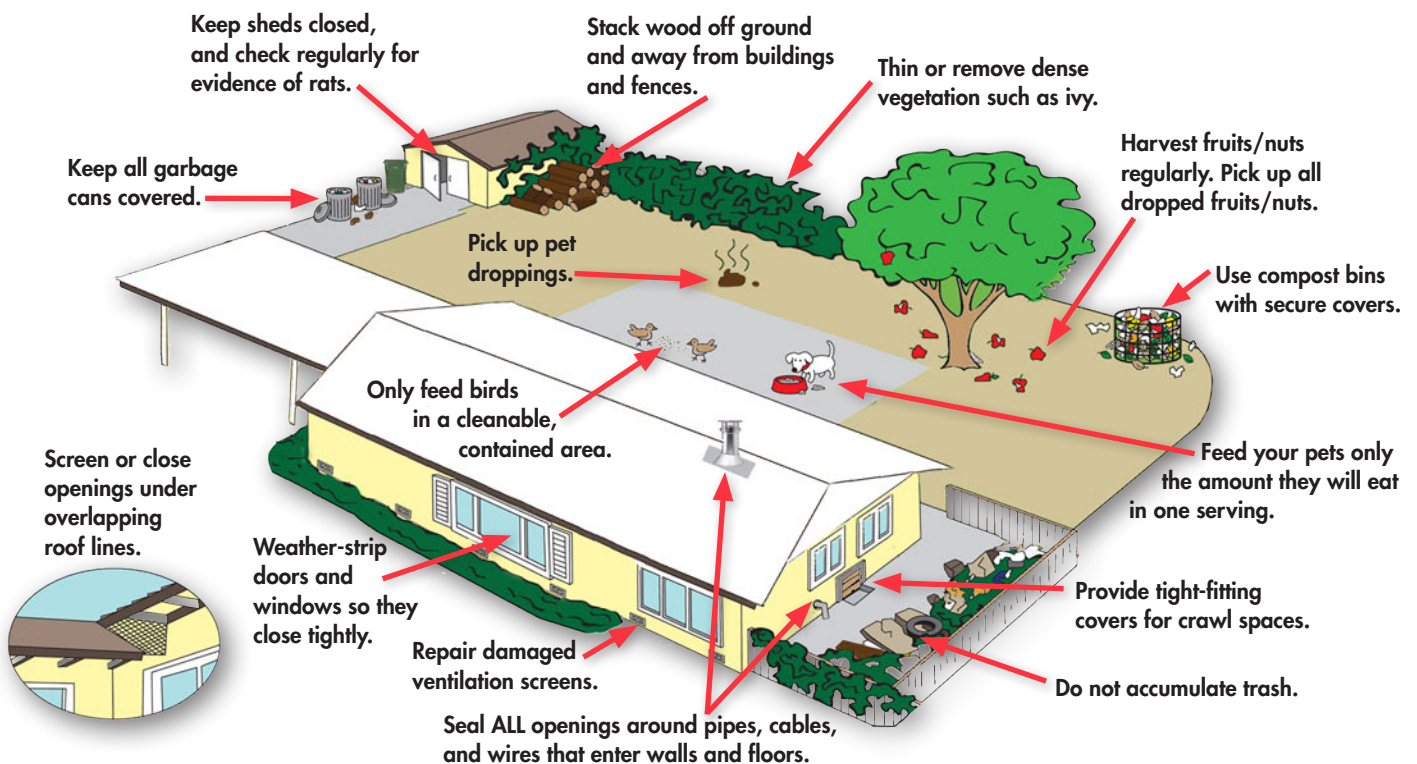
Never sweep or vacuum rodent evidence, including feces, urine, and nesting material. When swept or vacuumed they can break up, forcing virus particles into the air where they can easily be inhaled, infecting the person doing the cleaning. Hantavirus and Arenavirus are transmitted in this manner.

- Make a solution of one part bleach and nine parts water in a spray bottle, or use a general purpose household disinfectant such as Lysol®.
- Wearing rubber or plastic gloves, spray the solution on the dried urine,

feces, and nesting material until the substances are soaking wet.

- Soak for five minutes.
- Use a damp paper towel to wipe up urine, droppings, and nesting material, and place the paper towel and waste materials in a plastic bag.
- Use the solution to mop or sponge off the affected area.
- Put the sponge or mop head into the bag with the rodent evidence.
- Wash gloved hands with soap and warm water or spray with disinfectant or solution before removing them. Place them in the plastic bag as well.
- Seal the bag and place in a lidded garbage can.
- Wash your now ungloved hands with soap and water. Once the newly cleaned area is dry (in approximately 30 minutes), it's ready for reuse.

Check out www.msosquito.com/rats ■



Be Ready to Keep Your Air Clean

by JOHN FELD

The wildfire smoke from Sonoma and Napa Counties perhaps irritated your eyes, nose, throat, and lungs. It may have made you cough and wheeze and made it hard to breathe. For those with asthma or lung or heart disease, inhaling smoke from fires can be especially harmful. The effects can be light-headedness, stinging eyeballs, stinging throat, and coughing.

These fires are over, but with the strange weather we have had lately, you never know when they might return.

If you cannot leave a smoky area when smoke is all around, a good way to protect your lungs includes staying indoors and reducing physical activity. Also, getting special masks called “particulate respirators” can help protect your lungs from wildfire smoke. It is a good idea to have some on hand in case smoke appears again and before stores run out during heavy demand.

Respirator masks labeled N95 or N100 provide the best protection — they filter out fine particles, although not hazardous gases. This type of mask can be found at many hardware and home repair stores and pharmacies. Your local health agency may also have them. During the worst of the recent smoky days, most retailers were sold out. N95 and N100 masks are easily identified as they have a small valve on the front and are manufactured by 3M. If you can manage to do so, buying them online can be considerably more affordable.

- Make sure the N95 or N100 mask has **two straps** that go around your head. Don't choose a one-strap paper dust mask or a surgical mask that hooks around your ears. These don't protect against the fine particles in smoke.



- Choose a size that fits over your nose and under your chin. It should seal tightly to your face.
- Don't use bandannas or towels (wet or dry) or tissue held over the mouth and nose. These may relieve dryness, but they won't protect your lungs from wildfire smoke.

If you have lung or heart disease or are chronically ill, you should check with your health care provider before using any mask. Using respirator masks can make it harder to breathe, which can worsen some existing medical conditions. The extra effort it takes to breathe through a respirator mask can make it uncomfortable to use them for very long. They are really designed for when you go outside but can be used inside when the air is really bad.

Respirator masks don't seal well on people with beards.

What's the best way to use a respirator mask?

- Place the mask over your nose and under your chin, with one strap placed below the ears and one strap above the ears. Adjust the mask so that air cannot get through at the edges.

- Pinch the metal part of the mask tightly over the top of your nose.
- The mask fits best on clean-shaven skin.
- Throw away your mask when breathing through it gets difficult, if it gets damaged, or if the inside gets dirty. Use a new mask each day if you can.

- It's harder to breathe through a mask and takes some getting used to.

- If you feel dizzy or nauseated and can't find a less smoky area, take off your mask; get medical help if you don't feel better.

Indoor Filters

There are several **HEPA filter fans/air purifiers** available, which are a much more comfortable way to go as they clean the air in your home and you do not have to wear a mask inside. More expensive than a mask — they start at a little over \$50 on Amazon.

These indoor air purifiers also make the air healthier for your pets. Do not use other fans during smoky periods as they will just ensure the microparticles stay circulating rather than settle. ■

Fire Extinguisher Recall

by ERMA WHEATLEY

**DO NOT TEST
YOUR FIRE
EXTINGUISHER**

**See: “Remedy”
on next page for
models subject
to recall.**

If you have a Kidde* fire extinguisher, which you probably do since they manufacture most fire extinguishers in the U.S., you should check its model number and the year it was manufactured. On November 2, 2017 Kidde announced a voluntary recall on two styles:

- Plastic handle fire extinguishers
- Plastic push-button Pindicator fire extinguishers

The recall is due to a potential safety issue with the handle and the activation button.

Plastic Handle Fire Extinguishers

The recall involves 134 models of Kidde fire extinguishers manufactured between January 1, 1973 and August 15, 2017. The extinguishers were sold in red, white, and silver, and are either ABC- or BC-rated. The **model number** is printed on the fire extinguisher label. A date code is not printed on fire extinguishers produced before 2007. For units produced in 2007 and beyond, the **date of manufacture** is the 10-digit date code printed on the side of the cylinder, near the bottom. Date codes are in a day and year of manufacture (DDYY) format. Some common examples are:

- For a printed number below the label (I.E.1205322062)
1205 = time on a 24-hour clock
322 = exact day of the year
06 = the last 2 digits of the year 2006 (Nov. 18, 2006)
2 = the assembly line where it was manufactured
- If your fire extinguisher was made in Mexico —the printed number example is: (L2103071146)
L2 = Production line
103 = Day of the year
07 = Year
1146 = Time

PLASTIC HANDLE Fire Extinguisher



SERIAL NUMBER

MODEL NUMBER

Select first model number on list

BOTTOM OR SIDE OF CYLINDER

DATE CODE

For models produced in 2007 and later

* Pronounced: *kid*^l·*a* (as in comma)

Push-Button Pindicator Fire Extinguishers

The recall involves eight models of Kidde Pindicator fire extinguishers manufactured between August 11, 1995 and September 22, 2017.

The no-gauge push-button extinguishers were sold in red and white, with a red or black nozzle.

These models were sold primarily for kitchen and personal watercraft applications.

Remedy

— **By Computer**

To see if your extinguisher is eligible for replacement, go to the Kidde website at www.kidde.com and follow the links to the **PRODUCT SAFETY RECALL NOTICE**

— **By Phone**

Or you can contact them at **855-271-0773**, from 8:30 am to 9 pm EST Monday–Friday (excluding holidays), or from 9 am to 9 pm during weekends to see if your extinguishers are affected.

No Receipts Needed

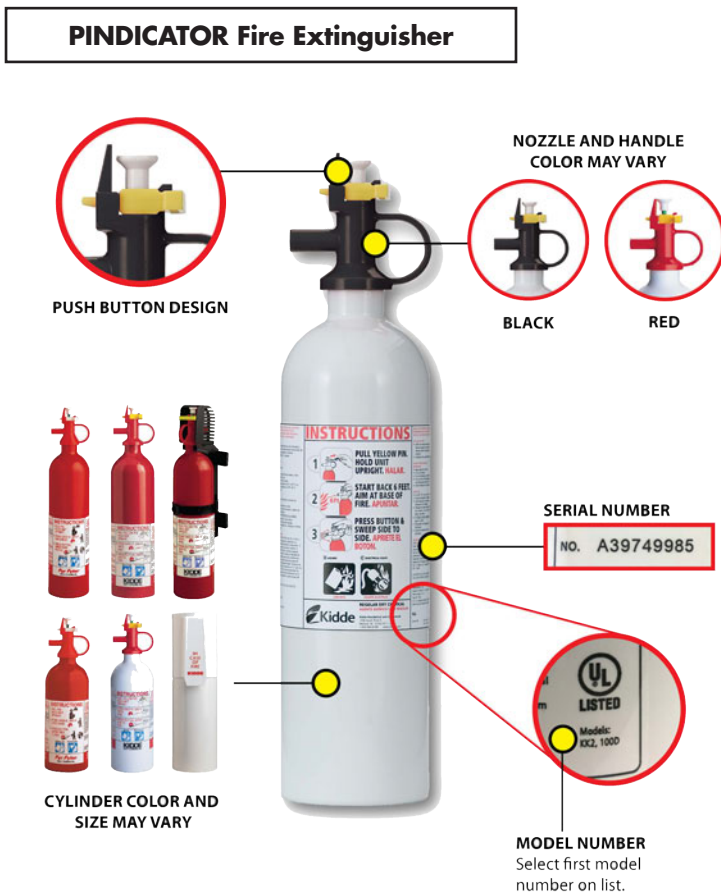
No proof of purchase is required. Please supply the model number, year of manufacture, the unit’s date code and serial number (the web page shows how to find this information on your unit). Kidde can also help you locate numbers from the side of the extinguisher including the model number and the date of manufacture or purchase.

If you do have an affected fire extinguisher, a replacement will be shipped within approximately 15 to 20 business days. Please keep your affected unit(s) until the replacement arrives. Instructions for returning the recalled unit(s) are included with your new fire extinguisher(s).

This recall does not include Kidde Professional or Badger branded fire extinguishers. Units with metal handles/valve assemblies are also not included in the recall. Your extinguisher may be labeled with another brand name but still be manufactured by Kidde.

Other possible names are:

- | | |
|--------------|-------------------|
| Ademco | J.L. |
| ADT | Kadet |
| All Purpose | Mariner |
| Bicentennial | Master Protection |
| Fire Away | Montgomery Ward |
| Force 9 | Quell |
| FS | Sams |
| Fuller | Sanford |
| Fuller Brush | Sears |
| Gillette | Traveler |
| Home | Volunteer |
| Honeywell | Ward ■ |



White-Crowned Sparrow

Article and Photography by DAVID GRAY

The white-crowned sparrow (*Zonotrichia leucophrys*) is a very common songbird that is here in our Park pretty much all year long. They like to winter in brushy or grassy areas, which our home provides in abundance, and it does seem to me that I see more of them during the winter months. They build their nests in bushes to provide some protection from predators.

Their pure white crown and white “eyebrow” stripes on the side of the head are what sets them apart from other sparrows, whose species in



our area number some 24(!). This large number of species is perhaps one reason why nonbirders tend to lump all sparrows into a category called “LBBs,” or little brown birds. While maybe not the most exciting bird to look at, its song is one that I recognize instantly. Cheerful and bright, it is a nice respite from the darkness of winter.

These are large-sized birds in the sparrow family, growing to weigh about one ounce when

full grown. Ah, the wonders of having hollow bones! They have a yellow bill and yellow highlights on their wings, a grayish body with a light gray throat, brown wings with white bars, and a long tail (for a sparrow). They can raise their crown in back to a small crest, especially when curious or alarmed ... or singing at the top of their lungs. (See the photograph on the next page of a sparrow that has been banded, likely by the Point Reyes Bird Observatory.)



They eat mostly insects, but also eat algal growth from wet areas, such as the stuff on the beak of the sparrow above, sitting in some winter scraggle brush. That was a surprise to me!

White-crowned sparrows are amazingly strong fliers and have been tracked flying as much as 300 miles in one night.

I have mixed feelings about feeding birds. It is great to see them so close, but a recent study in England was reported in *National Geographic* in October 2017 that an elongation in the tit’s bill structure give them an advantage in picking seeds out of a feeder. This result surprised scientists for its quickness of adaptation and its direct linkage to humans changing the course of evolution. So if you do own rodent-proof feeders and don’t mind aiding evolution, it’s time to fill them up for your wintertime visitors. But not squirrels. Definitely not squirrels.

Happy Holidays, everyone! ■



DECEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 1-4 PM Mahjong (Fireside Room) FULL MOON 5:32 PM	4 6-8+ AM Trash Pickup 6:30 Taiji (McLam / Clubhouse Deck) ~8:30 AM Low-Impact Exercise (Fireside Room) 6 PM INVEST MVEST Meeting (Fireside Room) 7:20 PM Poor Man's Poker (Card Room)	5 6:30-8:30 AM Taiji (McLam / Clubhouse Deck) 11 AM-1 PM Whistlestop call Roberta 415-883-0843 11:15 AM-2 PM Craft Group (Ballroom)	6 6:30-8:30 AM Taiji (McLam / Clubhouse Deck) 11 AM-1 PM Whistlestop call Roberta 415-883-0843 11:15 AM-2 PM Craft Group (Ballroom)	7 9:15 AM Qi Gong (Dove) 6:15 PM Silent Meditation (Bamboo Room) 7 PM Film Night JULIUS CAESAR 7:20 PM Poor Man's Poker	8 Taiji (McLam / Clubhouse Deck) Canasta Movement Meditation (Bamboo Room) Pub Night (Ballroom)	9 Taiji Canasta Movement Meditation Pub Night Bingo ECHO DEADLINE
10 1-4 PM Mahjong	11 6 AM Trash Pickup 6:30 AM Taiji 9:30 AM Low-Impact Exercise 6 PM INVEST MVEST Meeting 7:20 PM Poor Man's Poker	12 6:30 AM Taiji 11 AM-1 PM Whistlestop 11:15 AM Craft Group 6 PM MAR VAL MEETING HOLIDAY DINNER RESERVATION DEADLINE or after 140 reservations	13 6:30 AM Taiji 11 AM-1 PM Whistlestop 11:15 AM Craft Group 6 PM MAR VAL MEETING HOLIDAY DINNER RESERVATION DEADLINE or after 140 reservations	14 9:15 AM Qi Gong 6:15 PM Silent Meditation 7:20 PM Poor Man's Poker	15 Taiji Canasta Movement Meditation Pub Night Bingo	16 Taiji Canasta Movement Meditation Pub Night MAR VAL / HOL HOLIDAY PARTY 5 PM COCKTAILS 6 PM DINNER
17 1-4 PM Mahjong	18 6 AM Trash Pickup 6:30 AM Taiji 9:30 AM Low-Impact Exercise 6 PM INVEST MVEST Meeting 7:20 PM Poor Man's Poker	19 6:30 AM Taiji 11 AM-1 PM Whistlestop 11 AM Bridge 11:15 AM Craft Group 2:15 PM Readers' Theatre Group 6 PM HOL MEETING	20 6:30 AM Taiji 11 AM-1 PM Whistlestop 11 AM Bridge 11:15 AM Craft Group 2:15 PM Readers' Theatre Group 6 PM HOL MEETING	21 9:15 AM Qi Gong 6:15 PM Silent Meditation 7 PM Film Night LIFE OF BRIAN 7:20 PM Poor Man's Poker	22 Taiji Canasta Movement Meditation Pub Night	23 Taiji Canasta Movement Meditation Pub Night
24 1-4 PM Mahjong	25 6 AM Trash Pickup 6:30 AM Taiji CHRISTMAS DAY	26 6:30 AM Taiji 11 AM-1 PM Whistlestop 11:15 AM Craft Group 4:30 PM Book Group (Fireside Room)	27 6:30 AM Taiji 11 AM-1 PM Whistlestop 11:15 AM Craft Group 4:30 PM Book Group (Fireside Room)	28 9:15 AM Qi Gong 6:15 PM Silent Meditation 7:20 PM Poor Man's Poker	29 Taiji Canasta Movement Meditation Pub Night	30 Taiji Canasta Movement Meditation Pub Night
31 MAR VAL NEW YEAR'S EVE DINNER & DANCE 6:30 PM FULL MOON 5:11 PM	1 6 AM Trash Pickup NEW YEAR'S DAY FULL MOON 5:11 PM	2 6:30 AM Taiji	3 6:30 AM Taiji 11 AM-1 PM Whistlestop 11:15 AM Craft Group 6 PM PAC MEETING	4 9:15 AM Qi Gong 6:15 PM Silent Meditation 7 PM Film Night 7:20 PM Poor Man's Poker	5 Taiji Canasta Movement Meditation Pub Night	6 Taiji Canasta Movement Meditation Pub Night