

T H E  
**ECHO**

**FEBRUARY 2017**

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## Free Health Services at Senior Center, February 15

**T**he Margaret Todd Senior Center at 1560 Hill Road, Novato, will offer a **Health Services Day: Wednesday, February 15, 9:30 am – 12 pm.**

Local health care providers partner to provide FREE health services including: hearing, vision, glucose, and skin cancer screening, dental exams, blood pressure checks, acupuncture for seniors, trigger point massage, cranial sacral work, and fall-prevention tips. Drop off outdated or unused medications and replace your

old mercury thermometer with a new digital one.

Co-Presented by: *Episcopal Senior Communities / Novato Independent Elders Program, Audiology Associates, Community Acupuncture of Marin, Dominican University, Hospice by the Bay, La Vita Chiropractic, Marin Community Clinic, Marin Eye Clinic, Novato Community Hospital, Novato Dermatology, Novato Sanitary District, Sutter Care at Home, Senior Access, and Veolia Water.*  
Sponsored by *Pini Ace Hardware, Novato.*  
For more information:  
Call 415-899-8290.



**Community Dancing**  
**Saturday, February 4**  
**7 – 9 pm**

**The Forest Years:**  
*Transformational Aging*  
**Saturday, February 18**  
**9 am – 1 pm ■ Fireside**  
(see page 7)



**AARP Driver Safety Course**

**February 28 / March 2**  
**9:30 am – 1:30 pm**  
AARP members, \$15/day;  
non-members, \$20 /day.  
Sign up at the front desk.  
MVMCC residents only.

IN MEMORIAM

**Craig Machalk**

January 9, 2017

## Movement Meditation

**Beginning Friday, February 10, 4 – 5 pm**

by **INGA GRACE**

Michael Hagerty and I will be offering “movement meditation” for the community. It will be biweekly and free of charge. Everyone is welcome. Movement meditation is an easy and gentle approach to opening and relaxing body and mind. Wear loose and comfortable clothing. We start promptly at 4 pm in the Bamboo Room, so those who so desire can enjoy Pub Night at 5 pm !

### Movement Meditation Instructions:

The meditation is one hour long with four stages.

#### First Stage: 15 minutes

Be loose and let your whole body shake, feeling the energies moving up from your feet. Let go everywhere and become the shaking. Your eyes may be open or closed.

#### Second Stage: 15 minutes

Dance...any way you feel, and let the whole body move as it wishes. Again, your eyes can be open or closed.

#### Third Stage: 15 minutes

Close your eyes and be still, sitting or standing, observing, witnessing whatever is happening inside and out.

#### Fourth Stage: 15 minutes

Keeping your eyes closed, lie down and be still. ■

## MARIN VALLEY MOBILE COUNTRY CLUB

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WWW.MVMCC.COM

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MARIN VALLEY MOBILE COUNTRY CLUB  
GENERAL MANAGER Matt Greenberg  
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### PAC BOARD

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David Gray, Carol-Joy Harris  
MVMCC PROJECT PLANNING J. Hansen, J. Shelfer

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DIRECTOR/RESERVATIONS Carolyn Corry 370-6403

### SUBMITTING ARTICLES

Email articles with “ECHO” as the first word of the subject line and a copy of the article in the body of the email to Erma Wheatley:

[ermawheatley@gmail.com](mailto:ermawheatley@gmail.com)

Images should be as large as possible to enable a 300 ppi resolution (*pixels / inch*).

### DEADLINE

**Everything is due the 8<sup>th</sup> of the month or sooner for the following month's edition.**

# Letter to Residents

Greetings from the PAC Board,

Our finances are in order. The debt service on the bank loan financing the purchase of MVMCC is 2.83 as of November 30, 2016, well above the required 2.0. Our cash plus short-, medium-, and long-term reserves total a tad more than 4.4 million.

So far this winter we have had more than our share of rain. Judging from the storms in January, the drains and drainage ditches on the hills and field behind Club View are performing as requested. We are thankful for the planning and maintenance of these important systems by the City's engineering group and Matt Greenberg. Several key positions at the staff level at the City of Novato have been filled or are in the process of being filled. Until then, we feel we are in good hands with both the City staff and Al Frei's management group.

If the City staff's residential workshop on issues surrounding rents at MVMCC has not already taken place, it should be in late January. There will also be a City Council meeting here at the clubhouse in February. The dates and agendas for these events will be posted at the clubhouse and on the website.

We are looking forward to the end of the rainy season and are anticipating another dry summer. This dry period again presents a potential fire threat to our community. Management; MVEST; fire officials from the city, county, and state; and Novato City staff are in discussions to adequately fund an effort to make our community fire-safe. We will keep you posted.

## **PAC Meetings Start at 6 pm**

Please note that the PAC monthly meeting will be held at 6 pm the first Wednesday of each month. The agendas for these meetings are posted on the website and at the clubhouse. Come and make a contribution with your presence and your opinions ...

In service,



Jay Shelfer  
PAC PRESIDENT  
jjshelfer@yahoo.com

# Management Update

Management update February 1, 2017

Recently we have experienced heavy rain, and you may have standing water or areas where water drains poorly and may be flooding under your home. Please call the front desk so we can come out and examine the problem and plan for a repair.

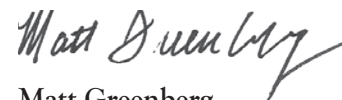
With all the wind, leaves and pine needles can clog your rain gutters and/or downspouts. Backup of rainwater, especially over your carport, can be a contributing factor to the collapse or failure of the supports. Several residents have experienced this avoidable problem and had to endure the expense of replacement. When you or your maintenance person checks the rain gutters, take a few minutes to check your carport supports where they connect to the driveway so you can verify they are stable.

Please be advised of an important and usually overlooked item. Park maintenance needs a clear path to access and read your utility meters. Professionals who may be called for repairs also need this access to provide service to the gas and electric utilities and pedestal. Below is the Title 25 description of this mandatory access.

Drive safely at night within your Park and community. If you are out at dusk, please wear some reflective clothing so others who are driving can see you and your dog :)

*Title 25 Chapter 2, Page 46, 1183. Access to Electrical Equipment. All park or lot service equipment shall be accessible by an unobstructed entrance or passageway not less than twenty-four (24) inches in width and seventy-eight (78) inches high and shall have a working space not less than thirty (30) inches wide and thirty-six (36) inches deep in front of any panel opening on the service equipment used for examination, servicing, adjustment, or maintenance. The lot service equipment shall be located and maintained not less than twelve (12) inches nor more than seventy-eight (78) inches above the stabilizing pad. EXCEPTION: parks constructed prior to July 1, 1979, shall have a working space not less than thirty (30) inches wide and thirty (30) inches deep in front of and centered on the service equipment.*

Thank you,



Matt Greenberg  
GENERAL MANAGER  
gm.mvmcc@gmail.com  
415-883-5911, Fax 415-883-1971

# Message from Mar Val

Dear Friends,

As the year-end holidays recede to distant memory, we fortunate residents of Marin Valley have an exciting opportunity in our immediate future.

Mar Val will present its second annual **Mardi Gras gala** on **Saturday, February 25, 2017**. If you were among the glittering crowd in attendance last year, you will remember the fabulous

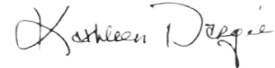
Dixieland band, the Louisiana-inspired menu, and the stunning outfits and masks worn by the revelers.

Please refer to the reservation form for complete details, and as always, we urge you to submit your reservation early since we are limited to the number of attendees we can accommodate.

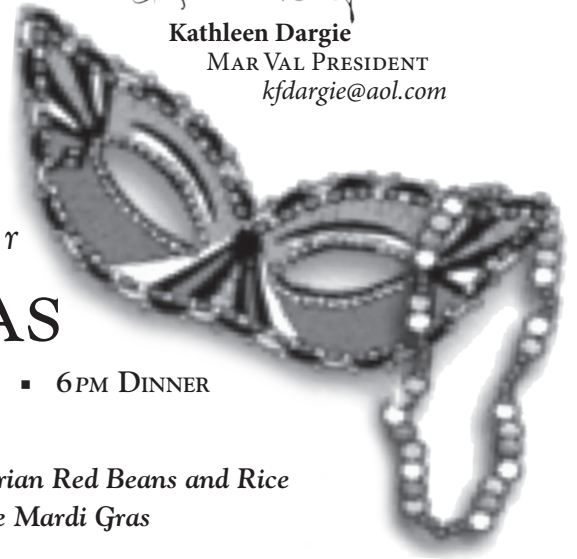
Looking ahead to March, the St. Patrick's dinner will take place on

Saturday, March 18, 2017. Based on past experience, you will also want to be present at Pub on Friday, March 17 for a special St. Patrick's Day tribute to one of our outstanding residents.

With warmest regards,



**Kathleen Dargie**  
MAR VAL PRESIDENT  
kfdargie@aol.com



MAR VAL  
presents  
*Laissez le bon temps rouler*  
**MARDI GRAS**

FEBRUARY 25, 2017 ■ 5 PM COCKTAILS/MUSIC ■ 6 PM DINNER

M E N U

*Red Beans with Rice and Cajun Sausage or Vegetarian Red Beans and Rice*  
Corn Casserole ■ Salad ■ Dessert de Mardi Gras



Mar Val is once again happy to welcome to Mardi Gras Night the dynamic trio of **Virginia Tichenor, Marty Eggers, and Carl Lunsford**.

**Virginia**, daughter of renowned ragtime pianist Trevor Tichenor, studied as a classical pianist and now plays ragtime piano and drums. Virginia's husband **Marty** plays the string bass, tuba, and piano. The infamous **Carl Lunsford**, who played with Turk Murphy for many years, plays the banjo and guitar. This terrific trio can be seen on the second Wednesday of every month at the Belrose Theater in San Rafael.

**Don your Mardi Gras beads and mask, and come enjoy the fabulous, toe-tapping sounds of this musical trio.**

MARDI GRAS RESERVATION FORM

Please circle Entrée choice

RESIDENT _____	Red Beans&Rice/Sausage	Red Beans&Rice/Vegetarian
RESIDENT _____	Red Beans&Rice/Sausage	Red Beans&Rice/Vegetarian
GUEST _____	Red Beans&Rice/Sausage	Red Beans&Rice/Vegetarian
GUEST _____	Red Beans&Rice/Sausage	Red Beans&Rice/Vegetarian

Checks only (payable to Mar Val—NO CASH, please) Number attending \_\_\_\_\_ at (\$12/person) TOTAL \$\_\_\_\_\_

**Reservation deadline — February 22 at 5 PM or when 140 reservations have been received.**

For questions, please call Carolyn Corry at 415-370-6403



# HOL *Home Owners League Message*

Here we are in a new year with new activities:

With residents returning from, or planning to visit, places where the *lingua franca* is Spanish or French, I was reminded of the “Russian table” in the Indiana University cafeteria. Here I met a professor who taught me the Russian lyrics for “Moscow Nights — Подмосковные вечера.” You may remember the 1961 Dixieland version, “Midnight in Moscow” by Kenny Ball and His Jazzmen.

So when I suggested to the HOL Board of Directors that residents might be interested in honing their language skills in conversation groups

and classes, our VP of activities, Marianne York, ran with the idea. There are sign-up sheets in the clubhouse for these groups as well as for Basic Computer Orientations and the AARP Driver Safety Course scheduled for February 28 and March 2.

Our treasurer, Gwendolyn Morgan, proposed and the HOL BOD accepted a way for MVMCC to participate in Earth Day 2017 by cleaning up lower Marin Valley Drive. We will start at the circle at the entrance to the Park and pick up trash on both sides of Marin Valley Drive down to Bolling Drive, including the walkway to Nave Drive. We will ask the City of Novato to support us by providing debris boxes.

HOL will provide gloves, grabbers, and other clean-up gear. Gwendolyn says, “This is a volunteer effort to take care of our planet.”

Also coming up: “Bark in the Park” (TBA) and “Art in the Park” (May 21).

We will have more details for you after our first HOL meeting of the year on January 18. Our meetings are always the third Wednesday of the month at 7 pm, and you are always welcome to join us.

Regards,



**Miriam Dvorin Spross**  
HOL PRESIDENT

## ART IN THE PARK



by **SUZIE LAHR**

READY ... SET ... GO!

We are gearing up for our 5<sup>th</sup> Annual “Art in the Park” on Sunday, May 21.

If you are interested in becoming part of the vibrant and thriving art community in the Park, send your email address to me at [suzielahr@aol.com](mailto:suzielahr@aol.com) to receive emails regarding our meetings and get-togethers.

I will be scheduling a meeting each month in preparation for our event in May and to discuss plans for further gallery shows. The first meeting will be **Tuesday, February 7 from 4:30 to 6 pm** in the Fireside Room.

One of my ideas is to have one or two artists have a solo show every few months. I look forward to hearing from you so you can participate in our art happenings. Artists of all skill levels and mediums are welcome to join in.

If you have other events or exhibits you would like announced in the *Echo*, contact our editor, Erma Wheatley, at [ermawheatley@gmail.com](mailto:ermawheatley@gmail.com). The publication deadline is on the 8<sup>th</sup> of the prior month, so you need to plan ahead to have it published on time. I am writing this article on January 8<sup>th</sup> to have it in the February *Echo*!

I look forward to seeing you soon in this so far rainy New Year. Goodbye drought and hello Spring! ■



# Phone Scams

*Do Not Give Personnel Information to Anyone You Do Not Know*

by **JOHN FELD**

It is supertime somewhere on Marin Valley Drive. You are just at your second spoonful of food, and the phone rings. You get up to answer the phone wondering who would be calling at this time of the evening. The caller starts right out asking if your day is going well — not “hello” or anything familiar — and right away you know what is coming next. The caller might say, “You have been selected for a seven-day, all-in, Caribbean cruise,” or ask for a monetary donation to be used for fire safety education or a spring dance.

These people usually ask you for credit card information to “verify” you are who they think you are. Once you give them your details, you could almost immediately be charged hundreds of dollars on your card.

Recently, callers have identified themselves as working for the IRS and usually threaten you with arrest and freezing your assets if thousands of dollars are not paid immediately.

Most scams, for this is what they are, are a little more friendly, perhaps informing you of an uncollected inheritance from your unknown uncle or that you have been specifically selected for a special offer, a free bonus, or even a special investment especially for you.

The call can be couched as a travel package, something to do with credit or loans, a deserving charity, extended warranties, foreign lotteries,

or “free” trial offers. If you think they may be legitimate, hang up, look up the company in a directory, and call them back.

Do NOT ever use a number they provide; it will be false, even if it looks like one you might know. They can make up numbers on the fly and will often give you a local number to make you think the call is from someone in Marin.

A common ruse is to say you have already won a valuable prize, and “We’ll just put the shipping and handling charges on your credit card.”

If the call is a recorded message, do NOT press any number to speak to a live operator, as this will encourage them to call you again and again.

Whatever you do, do not give out ANY personal information, do not pay for something just to get a free gift, do not accept free offers, and check out charity requests. No reputable charity will call unknown people. Even if it is a charity you give to regularly, use the address or phone number from your own records to follow up, not any the caller may provide.

Phishing (the fraudulent practice of purporting to be from a reputable company in order to induce you to reveal personal information such as passwords and credit card numbers) scams are usually done by email, but there are also phishing calls that try

to convince you there’s an issue with your computer. These scammers will make you think your computer and privacy are at risk in order to get information out of you or to get you to download malicious software that can steal your information.

Be aware that Microsoft and Apple will never call you out of the blue. If you do get a call saying you’re at risk, ask them for their information and say you’ll call back. Once you’ve hung up you can check with the company they purported to be calling from to see if there really is an issue with your computer. There never will be.

According to the IRS, over one million Americans have received fake threatening calls, and \$29 million has been reported lost to these fake IRS call scams as of March 2016.

So what can you do? You can sign up to have your phone number placed on a Do Not Call list ([donotcall.gov](http://donotcall.gov)). This may help but will not necessarily stop the calls. You can call the Federal Trade Commission (FTC) at 888-382-1222, but as the scammers do not use the same number again, this will not achieve much. Some phone companies can block robocalls, but this will also stop you from receiving legitimate calls, such as those sent by our manager Matt Greenberg and real emergency calls.

Whatever the story, don’t buy it. Best to just hang up and get back to your supper. ■

# The Forest Years: *Transformational Aging*

by ANEESHA DILLON

**H**ello residents of MVMCC. My name is Aneesha Dillon, and I would like to introduce myself to all of you, and especially those who might be interested in a joining a complimentary new class I will be offering.

The class is called “The Forest Years: Transformational Aging,” and in it we will explore many of the issues we face as we age as well as discover ways each of us can maximize the potential of this time in our lives.

First, let me briefly explain what I mean by the term *the forest years*. In Buddha’s time, when a person reached the age of 50 (which was tremendously old in those days), after a lifetime of learning, working, and raising a family, it was the appropriate time in life to “turn toward the forest.” This meant to step back from worldly involvement — we could call this retirement — to gradually turn inward and to focus more on the meaning of this life and on deeper self-understanding, meditation, service, and other spiritual concerns.

I moved here into the MVMCC about a year and a half ago, as part of my personal vision for my own “forest years.” The idea of living in a community like this has long appealed to me, and I feel very pleased to have so many “age-appropriate” neighbors as I gradually approach (something like) retirement. I feel blessed to live in such a well-organized, safe, and beautiful environment.

My life work has kept me (and is still keeping me) very busy. As a Reichian

therapist and trainer for the last 45 years, I travel more than half the year outside the US to teach my particular brand of deep emotional healing work, in combination with meditation. This constant traveling away from home regrettably makes it difficult to really connect with the people who live here. Offering this class is frankly a way for me to meet and connect in a meaningful way with like-minded people here in the Park!

**This Forest Years class** arises out of my own interest to focus on what is important for me now in my life, now that I am — at least by age — a senior. As I grow older, I do feel the need to slow down, to travel less. I have been asking myself, “What will I do with my energy if I don’t go on working the way I always have done?” It turns out that a whole new wave of creativity begins to open in me, a new direction of interest: how to grow old as consciously, gracefully, and joyfully as possible while remaining vital and engaged with life and at the same time turning in toward a deeper, more silent, reflective space as I age.

Something that calls me, and what I am studying and training for now with the Conscious Dying Institute in Boulder, is to serve as a doula, or midwife, for people as they die. We live in a very death-phobic society where dying is considered the ultimate failure. It is my dream to help normalize death so that we might come to consider dying as a natural conclusion to life and a transformational journey to welcome and engage with when our time comes.



At this aging time of life, we naturally face many changes—in our bodies, our inner worlds, and in our outer circumstances. This class focuses on exploring some of the issues we encounter as we move through this life stage, the forest years. Through group sharings and discussions, writing and sharing in small groups, guided meditations, and some light, energizing body movement, we will explore together our forest years.

- Acknowledging our fears about aging, illness, and dying
- Recognizing what has not yet been fully lived
- Clearing unfinished emotional business with loved ones
- Identifying meaning and significance in this life
- Discovering and clarifying our visions for making this time of life a deeply transformational journey

I hope to see you

**Saturday, February 18, 2017  
9 am – 1 pm in the Fireside Room**

Warmly,

Aneesha Dillon, 415-827-7137

Call me if you have questions. ■





PHOTOGRAPH: JAY SHELPER



# Humane Solutions for Rodent Control

by INGA GRACE

**H**ow do we get rid of unwanted critters without harming the environment or wildlife?

Park policy strongly recommends against using poisons because they cause harm to other animals who may eat those rodents. Owls, hawks, and coyotes eat plenty of rats and mice. Judging from the opposite page even egrets eat rodents as well. Rodent poison kills everything which comes in contact with it, all the way up and down the food chain.

Following are some nonharmful suggestions for pest control.

If you use traditional spring traps, make sure they are in protected areas, such as under your house or in a protective casing, so they cannot kill or harm any other wild animals.

Prevent access for rodents moving in under your home by establishing physical barriers. Clean up around your home to eliminate hiding places. If you have a bird feeder, collect dropped seeds and dispose of them often — preferably daily !

## Traps

- “Havahart” makes a good catch-and-release trap, already assembled and available in different sizes. Remember to release far away!
- Spring traps are inexpensive and effective; set many traps at once, in protected areas only.
- Electrocutation traps are effective as well and favored by many.
- Gloves are needed when handling traps, as rodents can detect human scent.
- Glue traps are inhumane !

## Sound Devices

These emit a sound that is inaudible to the human ear yet (hopefully) disturbing to rodents. In January’s *Echo* issue, “Victor’s Pest Chaser Rodent Repeller” was recommended.

We tried another ultrasound plug-in device and found it was not effective. In addition, they may harm the hearing of cats and dogs.

The “TrasonicPro” machine is audible to humans and likely upsetting, and possibly harmful, to pets — but it comes recommended. On a high setting it is quite loud and may disturb neighbors too.

## Sprays, Oils, and Granules

There are numerous nontoxic options that may work well with regular applications:

- Products containing oils such as peppermint, clove, cedar, garlic, and rosemary.
- Fishmeal or dry meat meal or cayenne pepper are other common ingredients.
- Recommended brands: “Repel All” spray and “Shake Away” granules.

## Other Tips

- Soak cotton balls in peppermint oil.
- If your car is at risk, place bowls of chlorine or ammonia around it or sprinkle cayenne pepper mixed with sand around it.

If you discover something that works well, please share it with our community! ■

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*EDITOR’S NOTE: It has also been suggested to not keep your compost bin too close to your car to avoid the attraction of food.*

*OPPOSITE PAGE: Photograph of an egret snatching a rodent from the ponds behind Club View, taken after the first week of January rains.*

## Echoes of the Past



**B**ack issues of the *Echo* from October 2014 to the present are available for reference in the library. They also can be viewed and downloaded online at [www.mvmcc.com/calendar.htm](http://www.mvmcc.com/calendar.htm)

# Western Bluebird

Article and Photography by DAVID GRAY

**A** flash of brilliant blue on a fence post might be a Steller's jay or a smaller and much quieter bird: the Western bluebird.

Slightly less colorful than the Eastern bluebird, whose range does not extend west of the Rockies, these wonderful birds love open fields in which they hunt for insects and berries. They like to perch on fence posts and wires where they can survey their domain for bugs. They are cavity nesters, and with the diminished availability of wooden fence posts that used to be a common nesting site, they can benefit from birdhouses. They need both nesting and feeding sites to remain in an area. For sighting and more information about building your own simple bluebird nesting boxes, please see <http://nestwatch.org/learn/all-about-birdhouses/birds/western-bluebird/>

Bluebirds are members of the thrush family, where they are relatively small in stature. The male is the colorful one, with brilliant blue wings, back, and throat; a rust-colored breast; and blue-gray belly. Some males have their rust-colored feathers extending up to their backs

near their wings. The female is more stealthy, mostly gray-blue where the male is brilliant blue, with a less intensely colored breast.

Bluebirds are very social and can be seen in groups feeding. Nancy and I have watched a group of eight or ten bluebirds feeding while walking in the Mount Burdell open space. Taking the San Andreas Fire Road toward Hidden Lake after a bit of a climb from the San Andreas Drive street parking area, one comes to a large meadow after about half a mile of hiking that is perfect habitat for bluebirds. See the May 2016 *Echo* "Take a Hike: Hidden Lake — Mount Burdell" pages 12 – 13 and [www.marincountyparks.org/depts/pk/divisions/open-space/mount-burdell](http://www.marincountyparks.org/depts/pk/divisions/open-space/mount-burdell)

I have heard reports of at least one Mountain bluebird wintering in Point Reyes. The Mountain bluebird is the same size as the Western bluebird but lacks any rust coloring. Both sexes are slightly less brilliantly colored than the Western bluebird. They usually are found in western mountains such as the Sierras and the Rockies.

Keep your eyes peeled! ■





# FEBRUARY 2017

WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4
<p>10 AM - 2 PM Craft Group 11 AM - 1 PM Whistlestop (call Roberta 415-883-0843)</p> <p>6 PM <b>PACMEETING</b></p>	<p>9:15 AM Qi Gong (Dove) 6:15-7 PM Silent Meditation 7:20 PM Poor Man's Poker</p>	<p>4 PM Canasta ♠♣♠♦ 5-7 PM Pub Night</p>	<p>7-9 PM <b>COMMUNITY DANCE</b></p>
<p>10 AM - 2 PM Craft Group 11 AM - 1 PM Whistlestop (call Roberta 415-883-0843)</p> <p>6 PM <b>MAR VAL MEETING</b></p> <p><b>ECHO DEADLINE</b></p>	<p>9:15 AM Qi Gong (Dove) 6:15-7 PM Silent Meditation 7:20 PM Poor Man's Poker</p>	<p>4 PM Canasta ♠♣♠♦ 4-5 PM Movement Meditation 5-7 PM Pub Night 7:15 PM Bingo 7:52 PM Full Moon</p>	<p>9 AM - 1 PM The Forest Years: <i>Transformational Aging</i></p>
<p>9:30 AM - 12 PM Margaret Todd (Margaret Todd Senior Center) Health Services Day 10 AM - 2 PM Craft Group Ladies' Bridge 11 AM - 1 PM Whistlestop (call Roberta 415-883-0843)</p> <p>7 PM <b>HOL MEETING</b></p>	<p>9:15 AM Qi Gong (Dove) 6:15-7 PM Silent Meditation 7:20 PM Poor Man's Poker</p>	<p>4 PM Canasta ♠♣♠♦ 5-7 PM Pub Night</p>	<p>9 AM - 1 PM The Forest Years: <i>Transformational Aging</i></p>
<p>6-8 AM Trash Pickup 9:30 AM Low-Impact Exercise 7:20 PM Poor Man's Poker</p>	<p>9:15 AM Qi Gong (Dove) 6:15-7 PM Silent Meditation 7:20 PM Poor Man's Poker</p>	<p>4 PM Canasta ♠♣♠♦ 4-5 PM Movement Meditation 5-7 PM Pub Night</p>	<p><b>MAR VAL MARDI GRAS DINNER</b> 5 PM COCKTAILS/MUSIC 6 PM DINNER</p>
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SUNDAY 5

MONDAY 6

TUESDAY 7

WEDNESDAY 1

THURSDAY 2

FRIDAY 3

SATURDAY 4

19

20

21

MARCH 1

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12

13

14

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16

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18

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27

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MARCH 1

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