

## **MVMCC POOL INSTRUCTIONS for use during COVID**

1. All pool users must sign a User Waiver Agreement prior to using the pool. The agreement needs to be completed/signed and received by Matt Greenberg before a resident can use the pool.
2. Waiver/Use Forms can be found and returned in provided envelopes on the pool gate.
3. Once your waiver is received by MVMCC Manager Matt Greenberg, you will be able to sign up for a pool use time slot.
4. A sign-up sheet will allow residence to reserve 2 slots in advance each week. Thereafter, they can sign up for a time slot on the day-of-use.
5. Residents ONLY – no guests nor non-resident family members – may use the pool.
6. The hot tub is closed.
7. At this time, we are limiting swim time slots to 45 minutes which includes exiting the pool.
8. The pool will have 3 swim lanes lengthwise and allow for 3 lanes widthwise for lane walkers.
9. No more than 3 people in the pool at the same time, unless 2 people are from the same household and occupy 1 lane, with a maximum of 4 people at any one time in the pool.
10. There will be specific times designated for lap swimmers, pool walkers, and noodlers, and an open time for all three types of pool users confined to three lanes. Pool hours are 8:30am-10pm.
11. You must stick to your time slot if people are waiting to enter the pool at their designated time.
12. If you arrive late you must exit the pool within your reserved time slot if someone is waiting to enter the pool at their designated time.
13. Each lap swimming and walking lane will have one chair on which swimmer can place belongings. Pool/deck chair users can sanitize chairs with wipes or sanitizer available.
14. Lanes will be marked in each direction. Please stick to your lane.
15. Pool walkers, and noodlers will not be required to wear masks in the pool, but recommended, and safe distancing is required.
16. The gate will be kept closed but unlocked during pool hours. Residents can use their towel to open the gate.
17. **You must shower at home prior to pool use and come dressed to swim** as the restroom will **NOT** be open at this time.
18. Use of pool and pool area is **PROHIBITED** if you have had diarrhea or have been sick. You must be fully recovered for two (2) weeks prior to using the pool.
19. Maximum of 5 residents on pool deck with social distancing. Masks recommended.

### **Pool Schedule:**

Lap Swimmers: 8:30am - 9:55am (3 full length lanes)

Noodlers: 10am - 1:40pm (3 full length lanes)

Pool walkers: 1:45pm – 3:55pm (3 width lanes in shallow end)

Undesignated use of the \*3 full length lanes): 4pm - 9:55pm

Questions? Please email Kamala Allen: [dr.allen108@gmail.com](mailto:dr.allen108@gmail.com)

### **MVMCC Pool Committee**

MVEST/PAC: John Hansen, Stephen Plocher; HOL: Janie Klimes, Ed Collins, Tara Plocher, Kamala Allen;  
Residents: Serena Fisher, Alan Gump, Marianne York