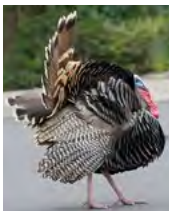


T H E  
**ECHO**

**NOVEMBER 2020**

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## From the Editor

If you are not getting robocalls from Matt, please email him with your phone number at [gm.mvmcc@gmail.com](mailto:gm.mvmcc@gmail.com) or call him at 415-883-5911.

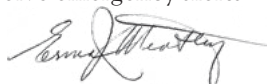
You could also be receiving updated information about the Park along with a digital version of the *Echo* emailed to you if your email address is listed in the Directory. If you prefer not to have your email address printed but would still like to be added to the list to get a digital *Echo*, send your email address to [ermawheatley@gmail.com](mailto:ermawheatley@gmail.com) and let me know your preferences for how you want to be listed and reached. Send all phone number changes to me as well as any Directory updates. If you don't have a computer, call Erma at 510-495-4137.

Most of the additions and changes to events are listed on our website at [marinvalley.net](http://marinvalley.net). There you will also find a direct link to our new air quality PurpleAir sensor (see p. 3), our weather station, and copies of recent webinars.

Links to the FIRESafe Marin webinars are also listed on our website as part of our education requirement as a Firewise member to help our community learn about and be prepared for the risk of fire. We are still not out of the fire season.

Valuable information is available on the *FIRESafe Marin* website along with links to their webinars packed with tips and a wealth of information about what we can do to be prepared.

One thing to do right away is to register with Alert Marin so we can all be notified to receive emergency alerts.



**Register for ALERT MARIN**  
to receive emergency alerts  
from Marin County  
[www.alertmarin.org](http://www.alertmarin.org)  
415-473-6376

## 2020 Election

Marin Valley will NOT be a polling or ballot drop-off location. We are asked to VOTE BY MAIL and to VOTE EARLY. For in-person and other voter information:

[www.marinvotes.org](http://www.marinvotes.org)

## Letters to the Editor

### Flu Shots

Safeway, CVS, and Rite-Aid all offer flu shots without co-pays, UNLESS they are required by one's insurance plan, including Medicare Part B.

Thanks,  
Kevin Mulvany

### Food Review



I don't remember how I found them, but Mangia/ Nosh, across the highway from us (271 Alameda Del Prado, Novato, next door to Marinwood Inn & Suites), has take-out dinners for \$15 per person. For an extra \$5 it can be delivered to you at Marin Valley. Request a menu and/or place orders at [info@mangianosh.com](mailto:info@mangianosh.com).

Dinners are available Tuesday through Friday. Only one dinner option is offered per night — usually a main dish with two sides and a salad. We heat the food in the microwave dish the food comes in.

Some of my favorite dinners have been chicken pot pie, surf and turf (one lamb chop and three large shrimp), and sliced tri-tip with veggies and twice-baked potato.

The food ranges from very good to delicious. Sometimes we can't finish our dinner and eat the leftovers the next day!

Pam Berkon and David Hyer

THE  
**ECHO**  
NOVEMBER 2020

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**SUBMITTING ARTICLES**

Email articles with "ECHO" as the subject line to Erma Wheatley: [ermawheatley@gmail.com](mailto:ermawheatley@gmail.com) with a copy of the article in the body of the email. Images should be as large as possible.

**ECHO DEADLINE**

Everything is due the 8<sup>th</sup> of the month or sooner for the following month's issue.

# MVMCC PAC Management Update Letter to Residents

November 2020

**Welcome to Fall.** Management is busy directing projects prior to winter weather, which include the continued fire-prone brush removal, Parkwide tree maintenance, and preventative pruning care. You will see workers cleaning the V ditch for drainage as well as other preparations for wet weather.

**Park Improvement:** A new PurpleAir sensor has been installed at Marin Valley for monitoring air quality. See [purpleair.com](http://purpleair.com). On the map page search for "MVMCC."



**Retaining Walls:** Several are in progress.

**Drainage:** We are researching new methods for standing-water evacuation for several residences.

**Pool** will close for the winter with the cold weather, but the spa will remain heated; one person at a time in the spa per Marin Recovers rules to prevent the spread of COVID-19.

**Smoking:** We continually find cigarette butts on the street, which is very concerning, especially during the fires. Please, if you smoke, do not throw a burning cigarette out the window. There is too much dry fuel, so please adhere to common sense. Let's work together to prevent the next fire.

**Park Security:** New security cameras have been installed to monitor traffic entering and leaving the Park, including a license plate reader. Laundry room monitoring is also in effect.

**Asphalt Repair:** Scenic Drive received repairs in several areas, including drainage swales at Wild Oak, Marin View, and Meadow View; pothole repair; trip-hazard removal; and RV storage entrance repaving.

Thank you,



*Matt Greenberg*

**Matt Greenberg**  
GENERAL MANAGER  
[gm.mvmcc@gmail.com](mailto:gm.mvmcc@gmail.com)  
415-883-5911 ■ 415-883-1971 Fax

Greetings from the Park Acquisition Corporation Board.

Our finances are in order. Our cash, plus medium- and long-term reserves, are in excess of \$6 million.

The preparations to renew the pump station at the turnaround at Club View Drive has begun. While all the contracts have been finalized and approved by the City, the actual work will not begin until the machinery, pumps, generators, etc., are in hand. To begin and then have to wait for deliveries will not benefit the project. In addition, in the rainy season, digging trenches and containment pits would be a problem for machines. We will be attentive to updates and keep you informed.

Matt Greenberg continues to work most days outside of Marin Valley. He is available by phone (415-883-5911) and is in constant contact with the maintenance crews and outside contractors. If you have need to contact him, I suggest you call him or leave a message at the main phone number.

Please continue to slow down and obey all traffic signs in the Park.

I urge you to investigate and participate in ongoing activities concerning PAC's MVEST, your HOL, and Mar Val reported on elsewhere in the *Echo*, while being mindful of the contagious viruses that are around.

The PAC's Board meetings are enriched by resident participation. Your observations and suggestions on how Marin Valley can better serve your and the community's interests are always welcomed. Come to the video presentations or email us.

The agendas for the coming PAC meetings are posted 72 hours prior to the meetings and are also available to those on the mailing list. Contact **Anila Manning** at [anilahere99@gmail.com](mailto:anilahere99@gmail.com) to be added to this list. To be included in the videoconferences, see the links provided on the agendas. There is a good likelihood that these meetings will continue to be broadcast on Comcast Channel 26. A recording of the October Board meeting is available at <https://youtu.be/TUAbq1N-Z4s> and [marinvalley.net/3444-2/pac-minutes-2020/](http://marinvalley.net/3444-2/pac-minutes-2020/).



*J Shelfer*

**Jay Shelfer**  
PAC PRESIDENT  
[jjshelfer@yahoo.com](mailto:jjshelfer@yahoo.com)



# Roads to Nowhere

by **BILL DAVIS**

**T**he first Sunday in October had beautiful blue skies along with fresh Pacific Ocean air and soft gentle breezes, zephyrs of rare delight. I started to dream—oh, what a good time to take a driving tour through west Marin County. Then a friend of mine surprisingly called and asked if I would like to take a ride. A ride to him meant a flight around Marin and Sonoma Counties. Well, I had been on my way to the hardware store, but that was an offer I could not refuse. So I quickly changed direction from driving to Pini's Hardware to US 101 headed north to the Petaluma airport.

Properly masked up and airborne out of the Petaluma airport, all of my anxieties for the day were laid aside. The vistas at 1,500' heading southwest toward Mount Tamalpais were gorgeous, spectacular, stunningly beautiful. We flew over Novato and the Marin Valley Mobile Country Club and straight toward Mount Tam. Then turning right, we flew out toward Bolinas and Olema to the Pacific Ocean. The blue sky only framed the splendor of the vast Pacific Ocean, and the visibility was unlimited. I was on a magic carpet riding over beautiful bucolic Marin. That is where it all ended.

**Headed out to the Pacific**, I looked right and saw the horrible scorched earth still smoldering. There in the beautiful western hills of West Marin was the burn scar of the Woodward Fire. Three spots were still smoldering due to the dense underbrush; old, fallen trees; and the steep mountainous terrain, inaccessible due to the isolated

location with no roads. The ocean had stopped the fire's western advance, and the firefighters had stopped it from moving east-by-northeast and burning Olema and Point Reyes. We in Marin had all been inhaling that smoke for the previous couple of weeks. Three small plumes of smoke lingered in the middle of the burn footprint, surrounded by scorched earth, ash, and soot. The beauty of the Sunday just evaporated for me, gut-punching me with the reality of our time and place in this year's awful fire season.

**Turning north along the coast** we flew up to Jenner and the Russian River and then inland to the Dry Creek area near Healdsburg. That is the triangle of the recent Woodbridge Fire that reached all the way up to the Warm Springs Dam. That area and terrain had been much more inhabitable until the fury of the fire that had just swept through it. We here in Marin also had choked on that smoke a couple of weeks prior. But then I became overwhelmed and shocked by what I saw. In those rolling hills and triangle of 64,000 acres one could see the crisscross pattern of roads leading nowhere. It was a vision from the hell of Dante's Inferno. At the ends of these roads were piles of ashes where homes and structures once stood, just a month earlier. I was looking at a huge, black footprint of devastation, of roads to nowhere. Suddenly, irrepressible tears came to my eyes. I was looking at the fury of hell unleashed — pondering our responsibility for this climate change and the burning of too much carbon. All of the grapes that were to be

harvested in the beautiful Dry Creek area this year have been ruined by "smoke burn" and are useless for making their famous wines.

**Turning east** we avoided the Santa Rosa airport, which had a flight restriction due to the Air Attack fire bombers flying in and out reloading fire retardant. The airport had been turned into an air base for the aircraft that were attacking the advancing Glass Fire in the Calistoga to Napa area. That is when I saw it: a huge plume of convection smoke blasting almost straight up next to our local Mount St. Helena. The fury of the draft was enormous. I said to my partner, "That is enough." I was airsick, but not from the turbulence. I was sick from the horror of what I was witnessing at 1,500 feet over the place where I had lived, worked, and played for over 36 years. I couldn't take it anymore. Sonoma and Napa Counties were on fire and burning, with smoke flowing eastward.

**We headed back** to the Petaluma airport. As we flew back I again gazed at a beautiful Sunday afternoon, inhaling the fresh air and beauty of Marin County, with serene Mount Tamalpais in the distance. The horror of so much devastation was now behind me.

**All of this leads me to wonder:** Are we the next to burn? Or are we just lucky? Do I have my grab-and-go bag ready? Are we prepared and ready to leave our homes quickly? I hope we are not the next to have to evacuate.

*Bill Davis—Marin Valley resident; MVEST Committee Member; Director, Novato Fire District*



*Woodward Fire from 1500'* — Three small plumes of smoke lingered in the middle of the burn footprint, surrounded by scorched earth, ash, and soot.



*Not a nuclear bomb — view from 10 miles east of Windsor off wingtip of Grumman Tiger at 3,000' looking at Mt. St. Helena and the Glass Fire.*

# Many Residents Participate in Evacuation Exercise

by JOHN FELD



**T**hank you from MVEST to the many residents who participated in the Saturday evacuation exercise on October 10.

The purpose of the exercise was to reinforce the need to have everything ready to evacuate and to be able to get into a vehicle and leave in a hurry. The need to evacuate can be prompted by a variety of reasons: a major earthquake, a wildland or spreading house fire, devastating floods, even a major gas leak or a broken main sewer line. This evacuation hopefully made us aware of the need to be organized before an

emergency strikes. Many had go-bags ready to leave and got into their cars quickly.

The whole exercise lasted about half an hour. Most people were out of their homes within 10 minutes. If it took longer than that, there are lessons to be learned. A raging fire or a mass of embers from a nearby fire can ignite homes very quickly, and we may have even less than 10 minutes to evacuate. The more we practice this, the better or faster we will become, and that means our chances of surviving an unexpected disaster improve.

One hundred and twelve homes participated, surpassing by far our best projections, and it was deemed a huge success. Some people carpooled, and one brave person was driven out by their caregiver. Many people have said they were surprised at how long it took them to leave their homes, even though we had all received a warning on the evacuation beforehand.

**David King** said, "It was very valuable seeing how fast I could get it together

and get out of the house and what the delays were caused by. I was surprised it took me 6 ½ minutes. I thought I could do it in less." **Serena D'Arcy Fisher** sent her congratulations "on a very well-executed evacuation exercise...it was excellent practice in a timely escape." **Terry Patten** was surprised it took him over 45 minutes ahead of time to get ready and appreciated the nudge to actually do it and get it done.

We hope that when the pandemic is over our local fire district will conduct another exercise in which we end up at a potential evacuation center such as the Hamilton Gym or a senior center.

Overall, a successful learning event. ■



## Message from Mar Val

Dear Friends,

As you know, this space is traditionally used to advise the community of events scheduled on Mar Val's social calendar. Current circumstances

have severely altered our heretofore weekly and monthly activities, causing me to speculate on what our prized cadre of volunteers might be doing during their forced hiatus. Knowing them as I do, I

envision these stalwarts devoting their proven talents and quality time to the development of new and fascinating ideas, to be showcased in that welcome time when we resume festivities.

Watch this space for future developments!

With warmest regards,



*Kathleen Dargie*

**Kathleen Dargie**  
MAR VAL PRESIDENT  
kfdargie@aol.com

# HOL Home Owners League Message



The **Donation Drive** will continue till the end of the year. Thanks SO MUCH to all who have contributed. Please remember to put your donations in the "Waivers" box in the breezeway or in **Tara Plocher's** bright purple basket hanging on the edge of her steps (51 Club View), NOT IN HER MAILBOX! Or you can put a stamp on it and mail it.

**Ed Collins's large watering can** has gone missing from the clubhouse breezeway. This watering can was not meant to be given away. Please return it as soon as possible; it is needed for watering thirsty plants.

The HOL "**Giving Bench**" continues to be quite a hit. Stop by frequently; the merchandise changes often. Bring your own bags to put your goodies in, or use bags that are provided there. PLEASE DO NOT take any of the bins! They should stay there to keep the area neat and organized. Tara cleans it up at least once a day. It is her job to keep the bench neat, so if you have ideas about it, please contact her at [taraplocher@gmail.com](mailto:taraplocher@gmail.com).

The goods go to donation after 3-4 weeks. Thanks to you, **Tara Plocher**, for your endless stream of great ideas and endless ENERGY!

**Rich Frye's Fitness Sessions** will now be limited to Saturday mornings at 9 am. To receive notifications regarding changes in the schedule due to weather or other circumstances, email [RichFryeFitness@gmail.com](mailto:RichFryeFitness@gmail.com). There will be no class on Saturday, Nov. 14. These sessions are held in the meadow at the end of Sunrise Drive. Masks and social distancing are mandatory. Suggested donation is \$10/session.

Our breezeway **recycle center** has found a permanent caretaker. Please thank **Michael Karasik**, who has volunteered to take the material to the recycle center as needed.

I am still waiting for someone to raise their hand to chair the **Wildlife Committee...**

Be looking for the **Handyman Binder** to go online in the next couple of months, thanks to **David Tetta, Nancy Bingham, Tara Plocher, and Kamala Allen**.

One of our residents suggested a **portable cabana to change clothes** in at the pool area. Management did not approve this suggestion at this time.

Another resident is interested in having a **food truck** come to the Park. This could be for a special event, dancing in the meadow, or just for fun. HOL would like community input and will consider it after we hear from you. Email [janieklimes1948@gmail.com](mailto:janieklimes1948@gmail.com) with your thoughts.

Concern has been voiced about the **appearance of some yards** in the Park. It seems that HOL is not the only group that has received complaints and is trying to find ways to help. PAC and the City are looking into finding volunteer groups that help communities with yardwork.

We now have a cochairperson for our **Just One Hour Program, Marlene Montalvo**. **Ray Schneider** will continue to be the person to call if you need help; residents, please use this wonderful service. Marlene is working on expanding the scope of the project with new ideas on things we can do to help others.

HOL is sponsoring a **Holiday Faire** on Saturday, November 14 from 11 am to 2 pm. You can sell anything you want: art, crafts that you did or did not make, collections you might have, holiday baked goods, etc. Please price items in \$1 increments to make giving change easy. Masks and social distancing are required for both the buyer and seller. To participate email [janieklimes1948@gmail.com](mailto:janieklimes1948@gmail.com) by Wednesday, November 11. You will be emailed an instruction sheet on the Rules of Participation. Janie will make a list of participants and the type of products they will be selling. The list will be available the Friday before the event on the table in the breezeway and online. We are investigating having a food truck offer lunch at the clubhouse parking lot. Look for a flyer in your tube 10 days before the event.

**Ed Collins** will be donating his time to **haul away trash** that does not fit in our bins. HOL will be paying for all expenses including the dump fees, trailer rental, and gas, and will accept voluntary donations. Reservations with Ed at [mretc@hotmail.com](mailto:mretc@hotmail.com) are required. First one is Nov. 6. (see p. 9).

Janie's primary phone number in the Directory is no longer operative. Use the cell number, 281-414-3984, where you can leave a voice message.

**NOTE:** The next HOL meeting is Wednesday, Nov. 4 at 6 pm via Zoom. Please join us. Email Janie for an invite: [janieklimes1948@gmail.com](mailto:janieklimes1948@gmail.com)

*Janie Klimes-Crocker*  
**Janie Klimes-Crocker**  
HOL PRESIDENT  
[janieklimes1948@gmail.com](mailto:janieklimes1948@gmail.com)  
281-414-3984 cell



# Haul Away Days



**Begins Friday, November 6**

**S**pearheaded by Board VP Ed Collins, HOL will soon begin offering a new service for Marin Valley residents.

With the cancellation of Dumpsters service due to misuse, it can be a problem to easily discard large items or accumulated “junk” that doesn’t fit in our bins. Ed said, “When I rented a U-Haul trailer recently to carry gear for a river rafting trip, I realized I could get rid of a pile of ‘stuff’ if I kept the trailer for an extra day. Then I thought that it might be useful to offer that service to residents.” At the subsequent HOL Board meeting the idea was proposed and approved.

**Here’s the plan:** Once every month or two HOL will rent a truck or a trailer to be pulled by Ed’s Subaru Outback with dump-run dates published in the *Echo*. Residents can email or text (NO PHONE CALLS) to have junk picked up and taken to the dump. Residents will need to help load their items or arrange to have someone to help. Volunteers to help with these runs would be appreciated. HOL will cover the costs but will accept any donations.

The first dump run will be

**Friday, November 6**

**Email** Ed at [mretc@hotmail.com](mailto:mretc@hotmail.com) **OR**

**Text** him at 415-377-7696. ■

## HOL Holiday Faire

**Saturday, November 14**

**11 AM – 2 PM**



**O**n Saturday, November 14, HOL will hold its

annual Holiday Faire from 11 am to 2 pm — this year in people’s carports. To participate, email [janieklimes1948@gmail.com](mailto:janieklimes1948@gmail.com). She will email you an instruction sheet with the rules of participation. A list with participants’ names and addresses and what they will be selling will be available in the breezeway and online the Friday before.

Please use round numbers when pricing your items, such as \$1, \$5, \$10, \$20, etc. We encourage buyers to bring 1s, 5s, 10s, and 20s to reduce handling and change making. Have a box for people to drop money in.

You can sell things you did or did not make, nice household items, clothes, and baked treats, etc.

Also, everyone must wear a mask and observe physical distancing.

Watch for a tube flyer. ■



## Biography Night

**Monday, November 16 at 6:30 pm**

**J**oin Bob Tanem on Monday, November 16 at 6:30 pm for Biography Night on Zoom.

For the link contact Kim Holscher at [kimholscher51@gmail.com](mailto:kimholscher51@gmail.com). ■



## Thanksgiving Rollin’ Root Schedule and HOL Gift

**I**n celebration of Thanksgiving, HOL is donating five \$1 gift coins to each **Rollin’ Root** customer from 11 am to noon on Wednesday, Nov 25 when the truck will be here instead of Thursday, which is Thanksgiving. Nor will it be here the day after on Friday, Nov 27. ■

# Marianne Gontarz York

by LORNA SASS

**M**arianne was born to Polish parents in 1948 in Boston. As she told her life story, it struck me that Marianne was mysteriously born with a hidden camera attached to the end of one hand—as if she were called to visually capture people and places before even learning to speak.

Indeed, Marianne’s adventurous spirit made her very well suited to eventually become a member of the tribe of female photographers. Dorothea Lange has long been one of her primary heroines, and Lange’s renowned portrait “Migrant Mother” hangs in a prominent place in Marianne’s office.

But let’s rewind a bit and discover how Marianne ended up always having a camera in her hand. After graduation from Boston University with a BA in Fine Arts, Marianne became a VISTA volunteer in the inner city of Boston. At the time, the primarily elderly population was being required to relocate to make room for a low income housing project. While helping to relocate the displaced members of this community, she was asked to take photographs to document the project. Marianne felt particular empathy for the older single women whose lives were completely disrupted by the upheaval.

This experience motivated Marianne to return to Boston University for an MSW in Social Work with a specialty in Gerontology. She got her degree in 1978 and very fondly remembers her great mentor, Professor Louis Lowy, an Auschwitz survivor and one of the pioneer educators in the field of aging.



PHOTOGRAPH: LORNA SASS

“Professor Lowy was a great visionary who saw that an age wave was coming,” she explained. “He recognized that our culture was not prepared for this wave, and he told us, his students, that we needed to go out there and cut through the stereotypes about aging. He told me that I could merge photography with social work and in that way make effective change. What a gift!”

In 1979, shortly after receiving this advice, Marianne got a grant to go to the Maine Photography Workshop. While there, she read a biography of Dorothea Lange. “I was very

taken with the idea of photography as social documentary and loved the way that Lange humanized statistics to effect change in a positive way.

“As a social worker, that became my mission as well. I wanted to create qualitative images that could speak louder than facts. My goal was to have viewers of my photographs understand at a glance that these are real people we are talking about. Lange was a perfect fit for me. Alas, she was deceased by the time I discovered her, but I’d like to get to the Oakland Museum and go through the archive of her photographs. Happily, many of Lange’s iconic photographs are now available for free viewing online” (<https://dorothealange.museumca.org/>).

How did Marianne end up moving from the East Coast to California? “When I was nine, my dad drove us across the country to visit relatives,” she recalled. “I knew I would live here one day after I saw lemon trees in their backyard!” In the eighties she came to stay with a Boston friend who had moved to Santa Cruz. Then,

in 1988, Marianne relocated to Marin for a job at the Buck Institute as Education Program Specialist. “But it turned out to be a total misfit for complicated reasons,” she recalled. “Since I was on a one-year grant and they couldn’t fire me, they let me spend my days taking photographs of older adults all around Marin. They also sent me to a conference on aging, where I met many of the top people in the field, some of whom became good acquaintances and friends.

“At one conference, I was miraculously granted the opportunity to spend one-on-one time with the keynote speaker, Viktor Frankl, primarily so I could take his picture. [Frankl is the originator of logotherapy and the Auschwitz survivor who went on to write the deeply moving *Man’s Search for Meaning*.] I told him that I was still finding my way as a social worker, and he responded, ‘Find that one little thing that keeps people alive, that gives them a reason to live. Help them believe in something beyond themselves.’

“I have kept Frankl’s advice close to heart throughout my career and as a result have developed the capacity to bring out the best in people, both in my various social work jobs and through my photographs,” she told me.

Marianne then proudly showed me the picture she took of Frankl and also the caricature



he made of himself on the spot and inscribed “for Marianne.”

Continuing with this extraordinary show-and-tell, Marianne said: “Here’s a picture that I love called “Minnie Shouts” taken at a rehab center poetry session. This old woman who looks like Woody Allen yelled out, ‘Hey, come and take a picture of me’—and it became one of my early iconic photos.” This picture ended up being published in *Ms. Magazine!*

After the Buck Institute, Marianne spent many happy years working at The Redwoods in Mill Valley, Senior Access in Novato, and Villa Marin in Terra Linda.

Marianne is in the process of donating her best 550 black-and-white photos and negatives of elders — as well as an equal number of digital photos — to University of Massachusetts Boston’s Gerontology Institute. They will be housed in an archive at the U Mass Healey Library, which happens to be located in the neighborhood of Marianne’s childhood home. She is also giving Healey Library books that include her published photographs and her collection of tomes featuring pioneer women photographers.

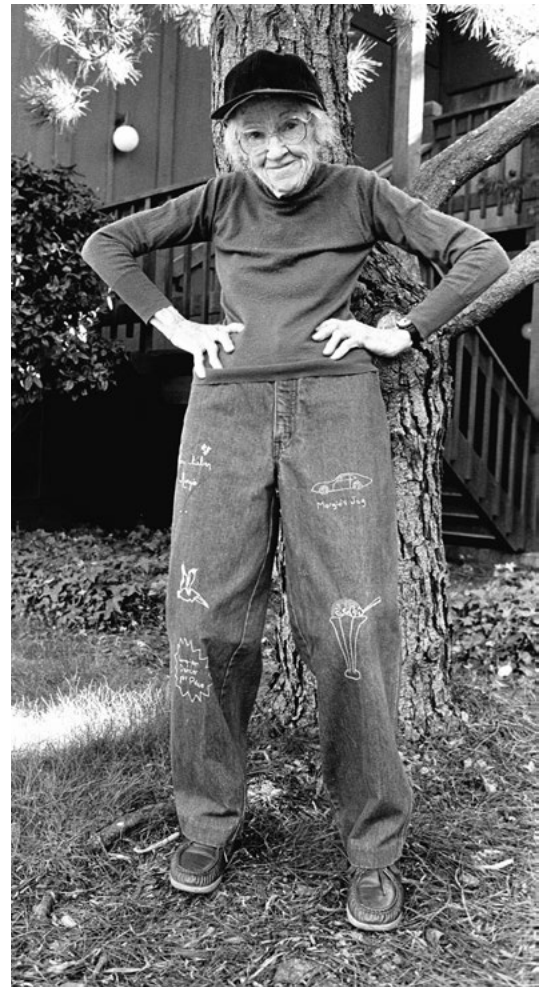
Marianne moved into Marin Valley in 2013 with her beloved husband Mike, who sadly died in 2018 at the age of 71. “He was my most photographed person of all!”

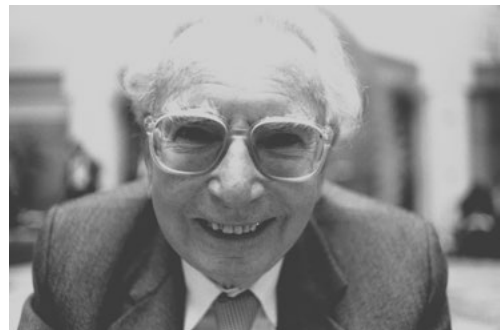
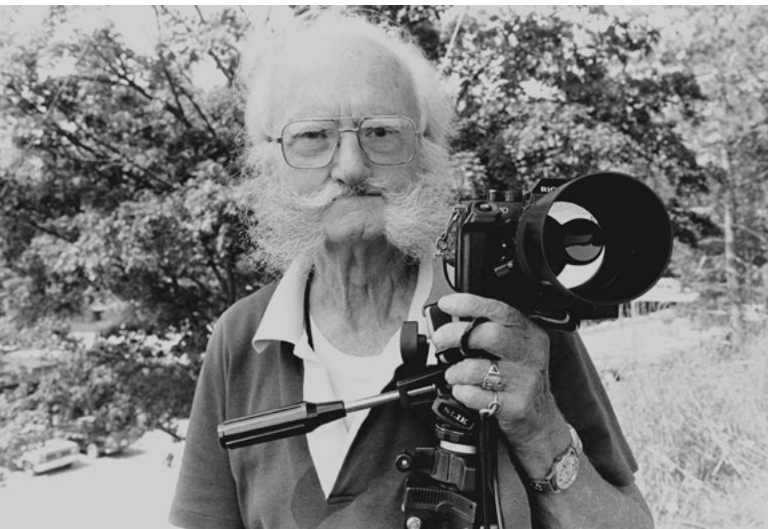
“For some reason I’ve always been able to find the strength and capacity in people no matter how vulnerable they were,” she reflected. “I could bring it out in a picture. It seems to be my inherent gift.”

What a legacy! ■



**Following** is a small selection from the multitude of categories of Marianne’s photography showing elders in a variety of situations including programs, as shown here, with professional caregivers, with volunteers, and with pets; intergenerational activities; portraits of active older adults; and aging in place, which will be archived at the U Mass Healey Library. On p. 12 the **top left** image shows how having people look at themselves at an earlier age was an effective way to encourage people, who had become reticent to speak, start to speak again. **Middle left** is “Minnie Shouts” described in the article above. **Below left** shows a woman with advanced stages of dementia who had forgone any contact with others, opening up when personally attended to. The **top left** image on p.13 from Marianne’s intergenerational series received the American Society on Aging award that later opened up a career in photography with the aging. Each award led to further commissions and awards. The **bottom left** image shows a man who, having been given a limited number of days to live, took up the hobby of photography and posed with his camera twenty years later after his prognosis; **bottom right**, Viktor Frankl. You might recognize portraits of residents on p. 14 — **upper left**, Roberta Urquhart as Mae West, **lower left**, Irv Katz with Inula Martinkat; and **lower right**, Erma Wheatley (included at Marianne’s insistence).







# Wild Turkey

**Article and  
Photography  
by  
DAVID GRAY**

**C**ontrary to the myth, the wild turkey (*Meleagris gallopavo*) was not Benjamin Franklin's candidate to be the national bird of the United States of America. When the Great Seal of the United States was first designed, Franklin instead took issue with using the bald eagle (or any bird at all) on the Great Seal. He found its depiction to resemble the wild turkey and expounded upon the relative merits of the two birds, finding the bald eagle lacking.

We have quite a lot of wild turkeys in our Park; I counted 36 birds in one group foraging on a hillside about six months ago. They are fairly inured to us residents walking nearby, which speaks well for both species. The males (toms) on average weigh 17



pounds, and the much smaller females (hens) weigh 9.4 pounds.

I will not go into detail about their description since everybody knows what a turkey looks like. However, take some time if you see one up close; the coloration of their feathers is beautiful.











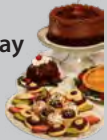











The wild turkeys have excellent daytime and poor nighttime vision. For safety they roost in trees at night, but they build their nests on the ground. They can and do fly, but usually for short distances, up to  $\frac{1}{4}$  of a mile, and their wingbeats make a lot of noise. Their call is (to my ear) hilarious. They are

omnivorous, foraging primarily for acorns, seeds, and nuts, as well as for insects. The males are polygamous, courting in groups of toms. The biological theory for this behavior is that the smallest tom stands a better chance of propagating his genes in a group than if he were courting by himself.

Fair warning and a plea: wild turkey mating season is upon us, and the

toms' wattles are turning bright red. They will treat approaching cars as rivals for their hens. Please observe the 15 mph speed limit, and be patient when they are crossing the roads, tail feathers fanned.

Happy Thanksgiving, everyone! ■

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>2AM</p>  <p>TURN CLOCKS BACK</p>	<p><b>2</b></p> <p>6AM Trash Pickup</p> <p>5-6PM MVEST Meeting Zoom.us / Contact John Hansen for link</p> 	<p><b>3</b></p> <p>6PM PAC Board Meeting Zoom.us / Contact Anila Manning for link</p>  <p>ELECTION DAY</p>	<p><b>4</b></p> <p>6PM HOL Board Meeting Zoom.us Contact Janie Crocker for link</p>	<p><b>5</b></p> <p>11AM-12PM The Rollin' Root Clubhouse Parking Lot</p> 	<p><b>6</b></p> <p>1-1:30PM The Rollin' Root Clubhouse Parking Lot</p>   <p>HOL Haul Away Day by Reservation</p>	<p><b>7</b></p> <p>9-9:45AM Exercise Class with Rich Frye Club View Meadow</p>
<p><b>8</b></p> <p>ECHO DEADLINE</p>	<p><b>9</b></p> <p>6AM Trash Pickup</p> <p>5PM MVEST Meeting Zoom.us</p> 	<p><b>10</b></p>	<p><b>11</b></p>  <p>6:30-8:30PM Resilient Neighborhoods</p>	<p><b>12</b></p> <p>11AM The Rollin' Root</p> 	<p><b>13</b></p> <p>1PM The Rollin' Root</p> 	<p><b>14</b></p> <p>NO Exercise Class</p> <p>11AM-2PM HOL Holiday Faire</p> 
<p><b>15</b></p>	<p><b>16</b></p> <p>6AM Trash Pickup</p> <p>5PM MVEST Meeting Zoom.us</p>  <p>6:30PM Biography Night Bob Tanem Zoom.us / Contact Kim Holscher for link</p> 	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p> <p>11AM The Rollin' Root</p> 	<p><b>20</b></p> <p>1PM The Rollin' Root</p> 	<p><b>21</b></p> <p>9AM Exercise Class</p> <p>4:30PM Salon in the Park Fears We Used to Have Zoom.us / Contact Kim Holscher for link</p>
<p><b>22</b></p>	<p><b>23</b></p> <p>6AM Trash Pickup</p> <p>5PM MVEST Meeting Zoom.us</p> 	<p><b>24</b></p>  <p>6:30-8:30PM Resilient Neighborhoods</p>	<p><b>25</b></p> <p>11AM The Rollin' Root</p>  	<p><b>26</b></p>  <p>THANKSGIVING DAY</p>	<p><b>27</b></p> <p>NO Rollin' Root</p>	<p><b>28</b></p> <p>9AM Exercise Class</p>
<p><b>29</b></p>	<p><b>30</b></p> <p>6AM Trash Pickup</p> <p>5PM MVEST Meeting Zoom.us</p>   <p>FULL MOON 5:15 PM</p>	<p><b>31</b></p>	<p><b>NOVEMBER 2020</b></p>			