

T H E
ECHO

April 2021

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Letter from the Editor

Hi Neighbors,

After seven years (7 years!) Erma is stepping down. She leaves a legacy of precision, truthfulness, graceful design, and caring for the community. I'm assembling the *Echo* these days, so it might be a little shaggier; I am not a graphic artist! We hope all the info you need and love is still here. If you have graphic or layout experience and would like to jump in and help create a major resource for the community, please let us know!

Enjoy, Anila Manning

Letter to the Editor

An addendum to the article "Your Service Pedestal" by John Feld in last month's *Echo*:

I found that my electric cover slides up, vs. lifting.

A quick labeling with a permanent marker helps identify each utility quickly.

Janine Bradley



THE ECHO
APRIL 2021

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Email articles with "ECHO" as the subject to:
Anila Manning: anilamh@196@gmail.com
with a copy of the article in the body of the email. Images should be as large as possible.

ECHO DEADLINE
The 3rd of the month or sooner
for the following month's issue

MVMCC *Management Update*

Tentative pool opening is April 1, depending on warm weather to help heat our pool.

Remember, Marin Valley is a **NO POISON** community. There are many alternative methods to eliminate rats and gophers without the use of poisons. Owls and coyotes become sickened or die when they eat poisoned rodents.

Please refrain from flushing **handy wipes**. They are a constant problem for our sewer pump system.

A few Park rules that have an effect on you and your neighbors:

Park Rule 21.1 Parking: Parking at each mobile home space is limited to the number of vehicles that fit within the carport or driveway. Vehicles on the street can get in the way of any first responders, so please don't leave your car or truck on the street overnight.

Park Rule 21.4 RV Storage: RV parking is not to be used for vehicles that are inoperable or stored permanently without being used. Keep your RV space clean and void of garbage or any stored items other than your RV.

Park Rule 21.3 Repairs: No repairing or servicing (whether major or minor in nature) of vehicles (including boats) will be permitted in driveways, carports, or streets.

Park Rule #12 Carports: Carports and porches are not designated as storage facilities. Many residents need to be aware of this rule. It affects the Park and your neighbors' home value to have items stacked in your carport. Thanks for your anticipated cooperation with cleanup and removal of stored items.

Another water main break has been fixed. Please call the office before you dig to avoid damage to underground infrastructure.

Thank you for your continued cooperation,



Matt Greenberg
Matt Greenberg
GENERAL MANAGER
gm.mvmcc@gmail.com
415-883-5911



by Michele Rivers

Letter to Residents

Greetings from the Park Acquisition Corporation Board.

Our finances are in order. Our cash, plus medium- and long-term reserves remains at more than \$6 million.

Budget: Work has begun on the '21/'22 budget, which will culminate in April/May with the oversight of the City of Novato's City Council. Bring your suggestions of needs to Management and your PAC Board members.

Security Cameras: The recently installed security cameras are being augmented to improve their effectiveness.

Hello Housing: We are working with the City Council to enhance residents' ability to defer some of their rent/lease obligations through the Hello Housing Lot rent deferral program. We have learned that Hello Housing is referring this program to another source.

Vaccine: The PAC Board has contacted the City's staff and Council urging MVMCC inclusion in any COVID-19 vaccine distribution for residents. Tom Miller, a former PAC Board member, came up with this idea – an example of how everyone can contribute to the enhancement of our community.

Yards: Our thanks to Peggy Hill for her continued development of aid and support of PAC's *ad hoc* committee on yard maintenance. This program joins with Management to aid low-income older residents to manage their lots for fire safety and improve their lots' appearances.

I urge you to investigate and participate in ongoing activities concerning PAC's MVEST, your HOL, and Mar Val reported on elsewhere in the *Echo*, while being mindful of the contagious viruses that are around.

The PAC Board meetings are enriched by resident participation. Your observations and suggestions on how MVMCC can better serve you and the community's interests are always welcomed. Come to the video presentations or email us.

The agendas for the coming PAC meetings are posted 72 hours prior to the meetings and are also available to those on the mailing list. Contact **Anila Manning** at anilahere99@gmail.com to be added to this list. To be included in the videoconferences, see the links provided on the future agendas. These meetings are also broadcast on Comcast Channel 26. A recording of the last Board meeting is available at www.marinvalley.net or <https://youtu.be/GCazil5CcNY>.

In service,



Jay Shelfer
PAC PRESIDENT
jshelfer@yahoo.com

The Future of Marin Valley

What do you envision as the Marin Valley of 2031? Serena D'Arcy Fisher and Carol-Joy Harris, as an *ad hoc* committee of PAC, have been diligently working on a draft of updated Rules and Regulations for Marin Valley. This draft will be discussed at the PAC Board meeting of April 6. Then there will be two community meetings – via Zoom, as we still cannot do this in person – to gather as much input as possible from residents. The meetings will be held on Tuesday, April 13 at 3–5 pm and on Tuesday, April 20 at 6–8 pm.

A digital copy of the draft rules will be included as an addendum to the April 6 PAC Board meeting agenda. If you are not on the list of people who receive those, please ask Anila Manning to be added to the list. Her address is anilahere99@gmail.com. If you or a neighbor needs a hard copy, please request that from her.

Residents are encouraged to read the draft of the new rules prior to the community Zoom meetings. To make sure all the issues are considered, residents are strongly encouraged to prepare their suggestions in writing beforehand and email them to Serena at serenafisher@comcast.net and/or Carol-Joy at caroljoyharris@comcast.net, or print and mail them to either or both of them. Comments at the meetings will be limited to three minutes per speaker.

After our proposed Rules and Regulations are sent to the City of Novato for review by the City Attorney, at least a six-month waiting period will ensue before any changes take effect. So this is a lengthy process, but we're making progress! And remember that we are governed by federal, state, and city laws, which take precedence, in that order, over and above any Park rules we establish.

Please participate. Help guide Marin Valley into a future here that is ever more wonderful.

A Walk in the Park

by Maggie Siegfried

We took one of our walks

On the paths of the fox;

We tripped over rocks

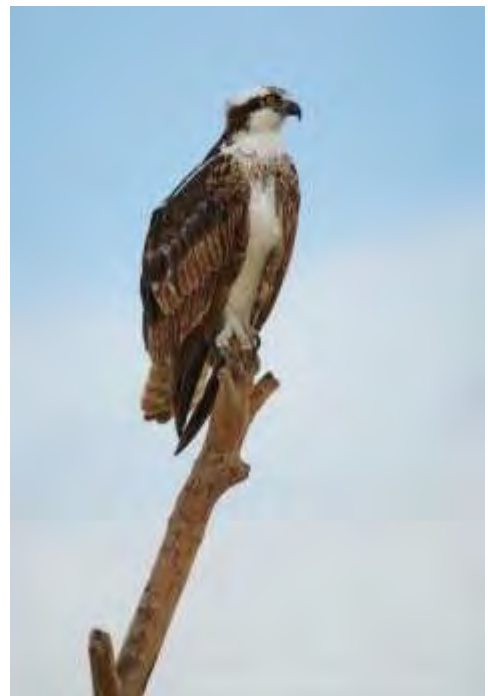
And got burrs in our socks.

We had a good talk,

Saw a fine handsome hawk

On top of a tree

Today, you and me.



Fishhawk by David Gray



Novato Mobile Home Fires

by Bill Davis

In the last 30 days Novato has had three house fires, two of which were in mobile homes. One person burned to death, another suffered major burns, and the properties were completely destroyed, including major damage to surrounding homes. All three fires are under investigation. Information in the *Marin Independent Journal* suggests that all three fires could have been avoided. What went wrong? Well, proper smoke detectors are at the top of the list! Please check your smoke detectors for functionality, and sleep better knowing that they work properly. We mobile home dwellers need the best early-warning systems available. The above tragic events provide an opportunity and lesson for us to be vigilant in living safely in our homes.

The lack of rain this season is leading into a very unusual year for our Mediterranean climate here in Marin County. Already, the North Marin Water Agency is talking about imposing a 25% reduction in water use. The trees are not going to get their deep watering if the rains do not come, leading to more super-dry fuel on the ground. The experts are not sounding the alarm quite yet, but they are starting to be very concerned, especially for anyone living in the wildland urban interface (WUI) areas, such as Marin

Valley residents. Who are these experts, and why should we both listen to them and follow their advice? I would like to introduce to you our Deputy Fire Marshal, who brings exceptional insight into preventing disastrous fire ignition. Lynne Osgood is one of the most highly respected experts in Marin County and has not only the finite insight of fire ignition and prevention but also the larger view for all of Novato.

Lynne moved to Marin County in 1966 and was raised in San Rafael. She and her husband Carl are fortunate to make their home of 16 years in San Geronimo Valley. Lynne has 17 years of fire service experience and in 2014 received the California State Fire Marshal, Fire Prevention Officer, Fire Protection Specialist, and Fire Investigator I certifications. Lynne began working for the Novato Fire District in 2008 as a fire inspector and vegetation management specialist and was promoted to deputy fire marshal in August 2020, the same year she was named by her peers as Employee of the Year for the Novato Fire District.

Not only does this person have the right stuff, she is also of high value to us in our remote senior mobile home park that

is 95% surrounded by wildland with only one road in and out. She knows our history of fire-threat mitigation, and she knows the next steps to be taken. Her oversight – in coordination with Fire Marshal John Dicochea, Fire Chief Bill Tyler, and the newly expanded Wildland Fire Mitigation team that is funded by the Marin Wildfire Prevention Authority – is going to help make this community a safer environment this coming year.

What is the best return for the above agencies' investment of money and time and for ensuring the best results for Marin Valley Mobile Country Club?

The Novato Fire District is performing an overview and making suggestions about best practices for the coming season. Knowing fire behavior and where to eliminate the threats is key to where to have the goats graze this coming year, just as one example. Who better to help coordinate those decisions than the experts like Lynne?

Okay, that is working on our fire-threat problem from the WUI outside in. But what about from the inside out?

This year the Novato Fire District is offering two services that are of immense value to

us. First, **they are willing to do a drive-by fire risk and evaluation of your property upon request.** This is a confidential and informational evaluation tailored to you by fire-mitigation experts of the NFD. It is highly valuable for your personal safety in this community.

Second, **the NFD is also offering a “360 evaluation of**

your home and property,” which is a walk-around evaluation of your home by an expert officer in fire behavior, who can point out and prioritize the fire threats. Again, this is totally confidential, not shared with your neighbors or Park Management. Just think about that a little. I'll share an observation from a retired forester friend of mine who had both a drive-by and 360 inspection of his home and

property. He told me that he thought he was very knowledgeable in fire prevention and mitigation, but he was absolutely astounded by what he was overlooking.

We at MVEST will have more information about these two services becoming available in the near future, and we will keep you informed.

Mr. Bill's Shed

For many years, Bill Crozier maintained the used crutches, wheelchairs, and other assistive devices in the shed in the breezeway of our clubhouse known as Mr. Bill's Shed. About a year ago Bill moved to an assisted living facility in Petaluma after living in the Park for over 40 years. He was one of the few remaining original owners, having bought a home here when the Park was built. He was an amazing person in many ways and gave back to his neighbors by being an active member of this community. One of his passions was the management of the used medical equipment that he stored in the breezeway shed. Unfortunately and inevitably, the clock ran out for Bill in



Marin Valley. He had fallen three times getting out of bed at night, and that was enough of a warning for him; he knew he needed more assistance in the activities of daily living. A wise man in so many ways — and he left with a smile on his face!

Bill passed away in February. He was 99.

Today, Mr. Bill's Shed needs a new manager because it has continued to grow copiously with assistive devices. It needs to be reorganized and culled through to eliminate some of its vast inventory.

As a member of the Marin Valley Emergency Safety Team (MVEST), I am reaching out to MVMCC residents to step into the future management of Mr. Bill's Shed. We on the MVEST committee have discussed this issue and explored many options, but we are unable to take on that task. So we are asking for your help and are appealing to someone in the community to step forward. Please contact me if you could be the person to take over this important service to our community. Bill Davis, 415-246-9289, billdavismsp@hotmail.com

Clothes Dryer Safety

by David Gray

A very simple action after every run of your clothes dryer can help keep you safe, prevent fires, and reduce energy waste: cleaning out the lint trap.

The National Fire Protection Association estimates that firefighters are called around 13,820 times per year to respond to home fires caused by clothes dryers. Over a quarter of these fires are caused by an accumulation of lint; that's about 3,700 fires every year due solely to lint buildup!

Check out <https://www.consumerreports.org/clothes-dryer/how-to-prevent-dryer-fires/> Not only are fires a risk, but for dryers that use natural gas (NG), carbon monoxide poisoning can be caused by poor burner ventilation due to lint buildup.

Every clothes dryer has a lint trap; this is YOUR first line of defense. Its location can differ from manufacturer to manufacturer, so if you don't know where it lives in your dryer, check your appliance manual. If you don't have a manual, you can go to the manufacturer's website and search for your model and download one; it's free.

Typical locations of lint traps:



Inside the dryer door, at the bottom (photo 1)



Top back of the machine (photo 2) Inside the dryer, top back (many different arrangements for stackable or compact dryers).

Downstream from your lint trap is the dryer exhaust duct, full of hot, moist, and hopefully not lint-filled air, which leads to the dryer vent on the outside wall of your house. This too can become clogged by lint over time, especially if your dryer lint trap is not cleaned regularly. Accordion-style exhaust ducts get clogged more readily than straight-walled ducts. If your accordion-style vent tube is clogged, consider replacing it with straight-sided metal dryer vent ducting. Newer clothes dryers sometimes have a feature to alert you if they detect a clogged vent line, but reviews of this feature say that they work only when the vent is 100% clogged. Your best course of action for safety (and not wasting money and time) is to follow these steps:

Regular safety steps to prevent fires:

1. **CRUCIAL: Clean out lint traps after EVERY dryer cycle.** This will also make clothes drying faster and more efficient.
2. Clean lint out of exhaust ducts annually or more frequently.
3. Clean under the dryer annually.
4. Don't run the dryer while you are not at home.
5. Be extra careful when drying clothes that have been exposed to oils or solvents.

Tips for moving the dryer to get access to clean out or replace the ducting:

1. Consider hiring a professional, especially if your dryer uses natural gas. Know where your NG shutoff valve is before starting, and be prepared to shut off your gas if you make a mistake and damage or break the NG line.
2. Turn off the breaker for the dryer in your electrical distribution panel (circuit box).
3. Unplug the dryer.
4. Exercise extra caution if your dryer uses natural gas. Do not kink or overstretch the NG line when pulling out the dryer.

Stacked washer and dryer? Moving tips here: <https://diy.stackexchange.com/questions/32952/how-to-move-stacked-washer-dryer-from-closet>

Important additional safety steps:

1. Be sure your home has a carbon monoxide detector installed and TESTED.
2. Label your circuit breakers in your electrical distribution panel.

What's Been Going On in Your House?

I am asking the question because, very unfortunately, I discovered what has happened in my house.

I have had contractors in to perform necessary functions: think plumbers and electricians. During the time they have been here—in COVID times—I have gone outdoors, taken walks, etc., so as not to remain in the house at the same time.

Yesterday, I realized that my small packet of jewelry was missing. When did it happen? That I don't know. The last time I looked at the bracelets and assorted items from my mother was when I went to a family gathering a year and a half ago. Other than that, they remained tucked

under clothing in a drawer. Perhaps it was not a contractor; perhaps it was one of the myriad visitors who enter and leave the Park daily, sensing an opportunity, or a thief specifically targeting the Park. Now, I am the first to admit that I take walks in our Park, go to the spa, and so forth without locking my doors. So I have no clue when the theft happened. It could have been yesterday or 16-plus months ago.

I am writing to my neighbors to tell this cautionary tale, so that we all can keep our items safe. Whether your belongings have monetary or sentimental value, it is best to stay aware of their whereabouts. —*Your neighbor*

Message from Mar Val

Dear Friends,

Now that spring has arrived, how can we be anything other than hopeful we will soon be returning to our normal activities? Although Mar Val has not

received information relating to either when or in what manner we can safely resume social gatherings, we look forward to that time when we can once again welcome you to a gathering at the clubhouse.

On behalf of the Mar Val Board, please accept our best wishes for a wonderful Easter to you and your family.

With warmest regards,



Kathleen Dargie

Kathleen Dargie
MAR VAL PRESIDENT
kfdargie@aol.com

Home Owners League Message

Greetings from HOL,

While we are still waiting for the spring rains and our usual chorus of frogs, life is quiet in Marin Valley, except for the hour or so of dancing outdoors on Tuesdays, Fridays, and Saturdays.

The Rollin' Root also continues to bring us healthy local food on Thursdays and Fridays.

Biography Night continues on a regular basis thanks to Kim Holscher. Some are complete in one session, others are becoming installments in a longer saga – all very entertaining, and I find it remarkable how interesting our lives have been. Recordings are available on Marin Valley's YouTube channel. Find the upcoming listings on our website at www.marinvalley.net.

I hope everyone saw the letter in your tubes about the availability of **vaccinations** for most people over 65. Younger folks should get their chance fairly soon. That letter was by the initiative of Michele Rivers and Serena Fisher.

The Breezeway Boutique now has its own sign and is becoming increasingly popular. Remember that the surplus "treasures" are generally removed and taken to charity shops on Tuesday or Wednesday. Tara Plocher is there two or three times a day tidying up from the mess some people leave, and Kevin Mulvany is to be thanked for taking things to thrift stores.

Also in the breezeway there are bins for disposing of batteries, light bulbs, and printer ink that have been regularly emptied by

Michael Karasik. He would like someone else to volunteer to empty these bins once every couple of months. The task is easy; it only involves driving the items to the toxic waste site at the local dump. Please let me know if you would like to step up to do this.

Last, HOL is planning a **Bark in the Park** "dog show." Hopefully it will be coming in May. So now is the time to hone your pup's grooming and obedience skills.

Stay safe,

John Feld

John Feld
HOL PRESIDENT
johnmfeld@gmail.com
510-495-4138 cell

Bark in the Park Returns!

Saturday May 22nd

10-11:30 AM in the meadow at the end of Scenic Drive

For all Park dog lovers! Join us to meet other dog owners and their fur babies for some fun!

- All dogs must be on leashes.
- All owners must wear masks and stay 6' distanced. Thanking you in advance.
- If you'd like to dress your dogs up in costumes — great!
- Tricks? Sure ~ your dog and you will have a chance to show off!
- Parade? Yes ~ all dogs will get prizes!
- Refreshments provided.

Want to join the Pet Committee? Let me know. Already on the committee: Bettie Cianciarulo, Aneesha Dillon, and Janie Klimes-Crocker, and Timo Navsky.



Please RSVP by May 18th so we can plan accordingly.
Timo Navsky pgemsky@comcast.net 415-279-5935

End-of-Life Fulfillment: Best Three Months with Aneesha Dillon

Imagine you have three months to live AND you can make them the very best they can be for you and everyone. Find out how to create a beautiful vision and a thoughtful plan for your transition, life completion, and happiness. We'll explore the priorities, dreams, and wishes you want to focus on: What is most important to you? What comforting care will you want and need? What can't you live without?

I'm delighted to be able to offer two more free 7-part classes to our Park residents. We will meet for **seven consecutive Wednesdays, at 11 am–12:30 pm, April 14–May 26**, and also **seven consecutive Thursdays at 6:30-8 pm, April 15–May 27** if evenings work better for you.

I asked a few of my participants from the first class to comment on their experiences, so I'll let them talk!

“Let's face it, no one really wants to discuss death. And yet it is inevitable, and we live in a 55+ community, so it is present. Aneesha created a thoughtful introduction to it for us and guided us through processes ever so gently. I highly recommend you take advantage of it. It's a gift.” —*Marianne York*

“I participated in Aneesha's workshop recently, called 'The Best Three Months.' I found the time I spent with her and other participants a very loving and nonjudgmental exercise in looking intimately at death and what is necessary to be aware of at the end of life. Aneesha herself very much contributes to the peace and freedom to share if one wishes. Very worthwhile!” —*Valerie Barbour*

“So many people don't want to talk about death because it makes others uncomfortable. But Aneesha really helps us to plan for 'how we want to go,' in a way that helps us to celebrate our life. She assists us with all the tasks of dying, from instructions to give doctors, making peace with our families, deciding what to do with our bodies, writing our eulogies, and planning our memorial services. Aneesha is a fun teacher and a wonderful listener.” —*Michael Hagerty*

“I highly recommend this remarkable course. Aneesha's calm manner creates a very safe space for exploring how we want to spend our remaining time on earth and how we want things handled after our death. The rich possibilities and choices for our last days are described in detail, and the deep group sharing on a subject rarely discussed is very touching and ennobling. The course is also full of practical information. If you want to have a more meaningful and conscious final chapter, take this course!” —*Lorna Sass*

“The Best Three Months classes with Aneesha was time very well spent. It was greatly rewarding to explore what truly matters in life and death with our accomplished guide and sincere group - in a safe and kind setting. What I discovered was that how I would live the last three months of my life is truly how I want to live all the time! I recommend this class to all who wish to dive deep and live fully.” —*Inga Grace*

“Aneesha’s recent presentation reminded me of a favorite walk in the cemetery where my grandmother has her permanent rest. We had honored her in a festive gathering in a nearby fine bakery, one of her favorite places. Now my parents rest near as well. Near the family grave is a huge, healthy tree, and it is very true to say Johanna (my grandmother) has dissolved into the tree and the earth while my parents chose cremation. When near this tree it is difficult to leave, as a deep peace appears to descend like a loose blanket providing warmth and eternal freedom.

“A similar sense arose when a few years ago I stopped near a beautifully kept cemetery. After an undisturbed walk I entered the office, and among other options I was shown a resting area where those who wish to be placed in respectful distance – yet close to each other – in a circle can rest. The body is covered in a simple cloth. Slowly this possibility grows on me.

“In *The Sky Is Not the Limit* astrophysicist Neil de Grasse Tyson speaks about how we rely on the sun for daily infusion to sustain life. ‘Yes, each of our body’s atoms can be traced to the Big Bang and to the thermonuclear furnace within high-mass stars. We are not simply in the Universe, we are part of it.’ In the cycle of life, the total of all matter and energy remains unchanged – a fundamental feature of physical laws that falls closest to my heart.

“When I die, I want to be buried, not cremated. Whenever you burn organic matter, including human corpses, the chemical energy content of the body’s quadrillion cells converts entirely into heat energy, which raises the atmospheric temperature near the crematorium, and eventually radiates back into space. This low-energy thermal radiation increases cosmic entropy and is largely unrecoverable.

“I owe earth (and the universe) much more than this. For my entire omnivorous life I have eaten of its flora and feasted on its fauna. Countless plants and animals have sacrificed their lives and unwillingly donated their energy content to my sustenance. The least I can do is donate my body back to this third rock from the Sun.

“I want to be buried, just like in the old days, where I decompose by the action of microorganisms and I am dined upon by any form of animal or root system that sees fit to do so. I would become their food, just as they had been food for me. I will have recycled back to the Universe at least some of the energy that I have taken from it. And in so doing, at the conclusion of my scientific adventures, I will have come closer to the heavens than to earth.” –*Martina Koekritz*

Biography Nights

April 13, 6:30 pm – Karin Mortensen, Part 2

April 27, 6:30 pm – Joan Leopold, Part 2

Contact Kim Holscher at kimholscher51@gmail.com for the link and to be notified of further Biography Nights. You can also check out our website www.marinvalley.net before most Park events to get the links.



Nerines (flowering bulbs) by Janine Bradley

Murmuration

Article by **David Gray**, photos by **David Gray** and **Alan Gump**

The murmurations we saw in late December 2020 were quite a display: clouds of thousands of European starlings wafting across the sky in groups that mimic schools of fish being chased by larger predators. And indeed they were! Like their aquatic act-alikes, the European starlings are using their flocks to confuse predators, making it difficult for an individual prey to be picked out.

Alan Gump took some amazing photos of the murmuration structures, and this one is particularly wonderful:



So, what is the predator? These guys: peregrine falcons, the world's fastest bird in flight.



Recently seen in the Park: a pair of golden eagles atop the high-tension electrical line structure at the top of View Ridge Drive. Many thanks to Timo for the heads-up!

IMPORTANT FOLLOW-UP ON PINE SISKINS!

Due to the highly contagious salmonellosis outbreak amongst pine siskins this spring, it is **STRONGLY** recommended that you take down your birdseed feeders until the end of April to prevent the spread of this fatal (to all birds) disease. The disease is spread through fecal contamination, and you should use gloves to take down and clean your feeders. We all love our birds here in the Park; let's show them some love by removing a concentrated spreading vector until the threat has passed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>APRIL 2021</h1>				1	2	3
				11AM-12PM The Rollin' Root <i>Clubhouse Parking Lot</i> 	1:30-2PM The Rollin' Root <i>Clubhouse Parking Lot</i> 	
4	5	6	7	8	9	10
 Easter	6AM Trash Pickup 5-6PM MVEST Meeting <i>Zoom/contact John Hansen</i>	6PM PAC Board Meeting <i>Zoom/contact Anila Manning</i>	6PM HOL Board Meeting <i>Zoom/contact John Feld</i>	11AM-12PM The Rollin' Root ECHO DEADLINE	1:30-2PM The Rollin' Root 	
11	12	13	14	15	16	17
	6AM Trash Pickup 5-6PM MVEST Meeting	3-5PM Rules & Regulations Meeting <i>Zoom/contact Serena Fisher</i> 6:30PM Biography Night Karin Mortensen <i>Zoom/contact</i>	11AM-12:30PM Best Three Months with Aneesha <i>Zoom/contact Aneesha Dillon</i>	11AM-12PM The Rollin' Root 6:30-8PM Best Three Months <i>with Aneesha Zoom/contact Aneesha Dillon</i>	1:30-2PM The Rollin' Root 	
18	19	20	21	22	23	24
	6AM Trash Pickup 5-6PM MVEST Meeting	6-8PM Rules & Regulations Meeting	11AM-12:30PM Best Three Months <i>with Aneesha</i>	11AM-12PM The Rollin' Root 6:30-8PM Best Three Months <i>with Aneesha</i>	1:30-2PM The Rollin' Root 	
25	26	27	28	29	30	
	6AM Trash Pickup 5-6PM MVEST Meeting	6:30PM Biography Night Joan Leopold Full Moon 8:32 PM	11AM-12:30PM Best Three Months <i>with Aneesha</i>	11AM-12PM The Rollin' Root 6:30-8PM Best Three Months <i>with Aneesha</i>	1:30-2PM The Rollin' Root 	