

T H E
ECHO

February 2022

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Persevere

by Jim Gronvold

Emergency
or catastrophe
bring out the best
we try to be
as we together
or in solitude
face tragedy
with fortitude
and do all we can
to persevere
for reasons as many
as life is dear.



PHOTOGRAPH: MARIANNE YORK

Directory Update New Residents

Josie Ann Cappell

120 Sunrise Lane, cell 818-687-5552

Lynda Kardon

18 Marin Valley Drive, 415-388-7025

THE ECHO 2022

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SUBMITTING ARTICLES

Email articles with "ECHO" as the subject to
Anila Manning: anilahere99@gmail.com
with a copy of the article in the body of the
email. Images should be high resolution.

ECHO DEADLINE

The 8th of the month or sooner
for the following month's issue

MVMCC Management Update

Happy rainy season!

Flooding

This winter we have experienced heavy rain, and you may have standing water or flooding under your home due to poor water drainage. Please call the front desk so we can come out and examine the problem and plan for a repair.

Rain Gutters

With all the wind, leaves and pine needles can clog your rain gutters and/or downspouts. Backup of rainwater, especially over your carport, can be a contributing factor for the collapse or failure of the supports. Several residents have experienced this avoidable problem and had to endure the expense of a replacement. When you or your maintenance person checks the rain gutters, take a few minutes to check the connection of your carport supports where they connect to the driveway so you can verify they are stable.

Thank You for Saving Water!

Water use has gone down over 10,000 gallons per day since the same time in 2020. Thank you for all your conservation efforts.

Utility Meters

Please be advised of an important and usually overlooked item. Park maintenance needs a clear path to access and read your utility meters. Professionals who may be called for repairs also need this access to provide service to the gas and electric utilities and pedestal.

Below is the Title 25 description of this mandatory access.

Title 25 Chapter 2 page 46

1183. Access to Electrical Equipment.

All park or lot service equipment shall be accessible by an unobstructed entrance or passageway not less than twenty four (24) inches in width and seventy eight (78) inches high and shall have a working space not less than thirty (30) inches wide and thirty six (36) inches deep in front of any panel opening on the service equipment used for examination, servicing, adjustment, or maintenance.

Call BEFORE you Dig.

Call the front desk if you have planned trenching or posthole digging. You will be required to pay for an underground utility specialist to verify where utility lines are so your worker won't hit a line and cause damage. A water main was damaged on January 8, causing a water interruption for over 50 residents overnight. It is also the resident's responsibility to pay for the damage repair. It is less costly to locate underground utilities than to repair them.

Thank you,



Letter to Residents

Greetings from the Park Acquisition Corporation Board.

Finances

Our finances are in order. Our cash, plus medium- and long-term reserves, is over \$5 million. The PAC Board will continue to work closely with the City of Novato and Management to improve the standard of living at MVMCC. There are growing problems with our infrastructure that need to be dealt with soon rather than later.

Staying healthy

COVID-19 infiltrations into the Park are an ongoing issue. While it appears we are at the stage where nearly all residents have been vaccinated, we still face the danger of catching it from a host who may or may not be vaccinated. Wearing masks and social distancing is so important to maintain one's health and to prevent passing it on to people within your social group. If you are vaccinated, that does not make you immune from the virus or from becoming a host capable of transmitting it to others. The advice we are getting from Kaiser is that the new Omicron variant is very contagious and spreads like wildfire. "The vast majority of infections come from and are given to those whom we trust enough to have unmasked conversations with; only a small minority come from being in public or interacting with strangers."

Owls

The owl boxes were cleaned and assessed on January 18th. Cleaning their nests and preparing suitable habitats for their reproduction is a super way of dealing with the rodent issue here at MVMCC. One active owl's nest is capable of removing over 1,000 rodents a year. Please do not use poisons to deal with rodents around your homes. While poison disables the rodents, it also makes them easy prey for owls, in whom the poison accumulates and eventually causes their death and that of their babies.

Water

The **water reservoirs** in Marin are now full for the moment. The Water Department is still cautious concerning water usage. They continue to urge us to be mindful of our water usage. All underground irrigation in the Park should be turned off, and hand watering only is dictated by the Water Department.

Participation

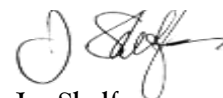
Management, MVEST, HOL, and Mar Val are very active on your behalf, and their activities are reported on in articles here in this month's *Echo*. I urge you to investigate and participate.

PAC

The PAC's Board meetings are enriched by resident participation. Your observations and suggestions on how we can better serve you and the community's interests are always welcomed. Come to the board meetings or email us.

The agendas for future PAC meetings shall be posted 72 hours prior to the meetings and are available to those on the mailing list. Contact the PAC's secretary, **Carol-Joy Harris**, at caroljoyharris@comcast.net to be added to this list. There is a good likelihood that these meetings will continue to be broadcast on Comcast Channel 26. A recording of these board meetings is available at <https://youtu.be/PkrVGDjMvFI>. The next board meeting will be on February 1st.

In service,



Jay Shelfer
PAC President
jjshelfer@yahoo.com



Next Time the Power Fails

by **JOHN HANSEN**

Power failures are chronic events here in Marin Valley. They may range from a brief blip, just long enough to throw your clock off, to lasting several hours or days. Sometimes power failures are planned and advance warning is provided, such as for infrastructure maintenance and public safety power shutoffs (PSPSs, but most are spontaneous surprises. Depending on your specific needs and state of preparedness, power failure effects may range from a minor inconvenience to a traumatic and costly calamity. To help us weather the next power failure, this is what MVEST will do:

When the power fails, MVEST will contact the Park Manager, who will then contact Novato Public Works. If there is no confirmation of contact with the Park Manager, MVEST will then contact Novato Public Works directly. Public Works will then determine the cause of the outage and initiate its repair and restoration.

Park Management/MVEST will handle this first step, so there is no need for residents other than MVEST to contact and possibly confuse City staff with redundant alarms.

Upon first awareness of the power interruption, MVEST block captains will respond by turning on their two-way radios and setting up a Parkwide radio communication network, and reporting any emergencies that may arise to the MVEST command post at the clubhouse. Block captains may be seen on the streets at this time and can be identified by their yellow safety vest, radio in hand.

The clubhouse is equipped with an emergency generator and auto-transfer switch so that emergency power will be available there within a few minutes after a grid failure. There is sufficient emergency power to provide essential services, including heating, filtered ventilation, or cooling as necessary; and power for lights, computers, the

ice machine, refrigerators, and charging. Internet access will be available as long as Comcast service is still available. Also at the clubhouse, MVEST will ensure the main door is unlocked and provide the following emergency resources:

- A notice board will be set up on an easel near the entrance to provide up-to-date information about the outage, the current projection (if any) for power restoration, and other pertinent information.
- Several power strips will be distributed within the lobby so residents can charge cell phones, laptops, and backup batteries. We also have a few small battery-powered power supplies for emergency use.
- Communication with authorities for timely information and forwarding any additional emergencies as needed.
- Log a timeline of incident progress.

Your key to weathering the next incident is preplanning and preparedness. Here are some steps you might consider:

Steps

1. Find out ahead of time where to get dry ice for supplemental cooling of your fridge and freezer, and keep refrigerator doors shut as much as possible to keep the cold in.
2. Get one or more uninterruptable power supply (UPS) for sensitive electronics, your landline phone, or medical equipment.
3. Invest in a substantial battery backup power supply that can keep essentials running for several hours to a day, or longer. For extended events, these batteries can be recharged at the clubhouse. Some can be charged with portable solar panels.

4. Also consider a gas-powered generator; they're cheaper than most batteries, but also be aware that:

- You will need to safely store fuel somewhere.
- Generators require routine maintenance.
- Use can be tricky without an installed power-transfer switch.
- They're noisy, but that can be mitigated.
- It will need to be positioned and stored out of the weather.
- Generator exhaust is toxic, so adequate ventilation and safe, remote positioning are essential. If you're not an expert at setting up a generator, you'd better hire one—it's way too easy to do it wrong.
- In general, generators can be a real headache except when they are actually

needed. Batteries are now readily available; they're safer, quieter, easier to deal with, and generally a better bet for backup power.

5. It goes without saying (but here it is anyhow): Keep a supply of flashlights, lanterns, replacement batteries, and a portable radio handy.

Happy camping.

REGISTER FOR
ALERT MARIN
Emergency Notification System
to get emergency alerts
from Marin County at
www.alertmarin.org
415-473-6376

Home Utility Shutoffs

by **KEVIN MULVANY**

In an emergency such as a fire, gas leak, or serious water line break inside your home, you may want to turn off the utilities involved. Routine home repairs may also necessitate shutting off a utility supply temporarily. Do you know where the utility (gas, water, and electrical) shutoffs are located for your home or your neighbor's? Do you know how to turn them off?

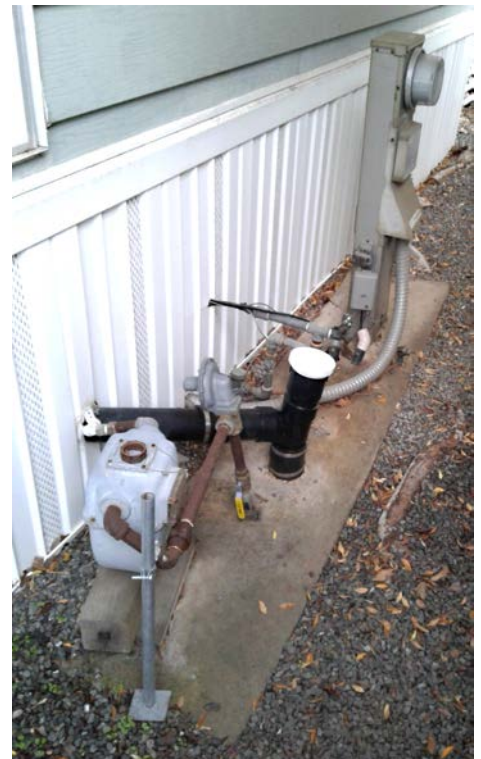
If not, why not contact your neighbor, MVEST member

Kevin Mulvany, and have him stop by to help you locate your shutoffs and show you how they work. He can be reached at 415-246-3026 or

kevinmulvany777@gmail.com

Please leave your full name, address, phone number, and/or email address, and he will get back to you to set up a convenient time to meet.

Although the shutoffs are typically located just outside your home, social distancing and mask use will be practiced by Kevin for your safety.



Transmission times for an infectious dose of Covid-19

According to the CDC, a non-mask wearing, uninfected person can be infected with Covid-19 within 15 minutes if standing within 6 feet of an unmasked infected person. Here's a table showing infection times when persons are wearing protective face coverings.

		PERSON NOT INFECTED IS WEARING...			
		Nothing	Cloth mask	Surgical mask	N95
PERSON INFECTED IS WEARING...	Nothing	15 minutes	20 minutes	30 minutes	2.5 hours
	Cloth mask	20 minutes	27 minutes	40 minutes	3.5 hours
	Surgical mask	30 minutes	40 minutes	1 hour	5 hours
	N95	2.5 hours	3.3 hours	5 hours	25 hours*

*Result is for a non fit-tested N95 mask (10% leakage). A fit-tested N95 has a leakage of 1% and will result in 2,500 hours of transmission time.

Source: Centers for Disease Control

John Blanchard / The Chronicle

No-brainer

by **JOHN HANSEN**

Any contribution toward protecting your home from loss to wildfire is always a bargain. The cost of replacing your lost home will always be astronomically more expensive than doing what you can to prevent the loss in the first place. An insurance payout will be more like a down payment.

The risk of a wildfire ravaging our community has been historically low, but with the growing influence of global warming and the resultant changing climate, that historically minimal risk has become like a malignant cancer.

Here are the facts:

- Wildfires in California have been far worse by any measure during the last five years than ever before. Wet years and dry years now yield the same results by late summer/early fall.
- Smoke from local conflagrations renders our air the world's worst, often hazardous to breathe without a respirator.
- Every year, the County Fire Chief says "we dodged a bullet" because wildfire risks in Marin have been the same as our close neighbors who have experienced devastating wildfires.

- Marin fire agencies, public land managers, and the Marin Wildfire Prevention Authority (MWPA) are now spending millions each year toward planning and executing strategic wildfire mitigation measures—a great start, but billions are eventually needed to keep up with growing risks.
- Even our little community is spending tens of thousands annually to keep the fuels at bay to give us a fighting chance in the case of a blaze.
- The vast majority of homes lost to wildfire result from ignition by flying embers that may settle miles from the actual blaze.

Thus, much of the work yet to be accomplished is in our own hands as Marin residents living in the wildland-urban interface (WUI).

You are a clever person (otherwise you would not have chosen to live here), so here's some fodder for clever actions:

What we need to do to our homes falls into one of two similar categories—defensible space (D-space) and home hardening. D-space is the easiest for most of us. This entails clearing our yards of flammable material out to 3–5 ft. from our homes and minimizing our

remaining landscapes. This also means keeping leaf litter cleaned up around the house and from our roofs and rain gutters.

Home hardening includes nonflammable decking, Hardie board-like siding, and dual-pane, tempered glass windows.

The clever part is not just figuring out how and when to accomplish these tasks, but also taking advantage of the financing that is available. Here's a rundown: The Novato Fire District (NFD) offers to pay half of your expenses up to \$1,000 for D-space work, and up to \$5,000 for home-hardening projects. Go online to: <https://www.novatofire.org/prevention/wildfire-and-vegetation-management> for details, instructions, and applications.

In addition, the MWPA has a resident grant program that offers \$100–\$1,000, and it's not a matching grant program like NFD's. Go online to <https://www.marinwildfire.org/resident-info/resident-grants#eligibility-defensible> for a full description, eligibility, and applications.

Many Marin Valley residents have already shown how clever they are—how about you?

Message from Mar Val

Dear Friends,

Although the traditional year-end holidays of 2021 were far more quiet than in years past, Mar Val is looking forward to an event in February 2022 which is bound to go a long way in reestablishing a truly festive mood in our community. As we are wont to say, *Laissez les bons temps rouler*. The Mardi Gras celebration will take place on Saturday, February 26. We

challenge anyone to resist the Dixieland style music, the Cajun-inspired menu, or the revelers in their ubiquitous beads and masks.

Lest you think the excitement stops with Mardi Gras, yet another major event takes place a mere two weeks later with the celebration of St. Patrick's Day on Saturday, March 12. We urge you to don your greenest green and join in honoring all things Irish.

We appreciate your complying with vaccination/booster and mask requirements shown on the reservation forms.

With warmest regards,



Kathleen Dargie

Kathleen Dargie
MAR VAL PRESIDENT
kfdargie@aol.com

Mar Val Presents

Laissez les bons temps rouler!

Mardi Gras

February 26, 2022

Featuring Dixieland jazz music by

Carl Lunsford, Tom Barnabey and Robert Young

5 pm cocktails/music

6 pm Dinner

Menu

Red Beans/Rice with Sausage or Vegetarian Red Beans/Rice

Corn Casserole and Salad

Dessert

Don your Mardi Gras beads and mask and come enjoy the fabulous, toe-tapping sounds of this musical trio.

Deadline for reservations: February 23, at 5 pm or when 140 reservations have been received.

For questions, call Carolyn Corry at 415-370-6403.

All attendees must show proof of full vaccination and booster and must wear a mask except when eating or drinking.

Mar Val Presents

St. Patrick's Day

March 12, 2022

5 pm Cocktails

6 pm Dinner

Menu

Corned Beef/Cabbage or Vegetarian Shepherd's Pie

Potatoes Carrots Rolls

Dessert

Reservation deadline is March 9 at 5 pm or when 140 reservations have been received. Please make checks payable to Mar Val — NO CASH — \$15 per person.

For questions, please call Carolyn Corry at 415-370-6403.

All attendees must show proof of full vaccination and booster and must wear a mask except when eating or drinking.

Home Owners League Message

Dear Neighbors,

HOL continues to work to make Marin Valley a more entertaining, harmonious home for us all.

We would like you all to welcome **Anne Lakota** to the HOL steering committee.

Just One Hour

We have a long-standing committee called Just One Hour. This is being run with great efficiency by **Marlene Montalvo**. People contact her if they have tasks they can't manage or if they would like some company for a while. The things that are asked for vary from help with fixing small items, yard cleanup or weeding, local shopping, a ride to the doctor, or someone to keep company for a while. All of these tasks are performed by Park residents. If you need some help, assistance, or companionship, or if you would like to volunteer, please call or email Marlene at 415-883-8786 or Marlene24@comcast.net. Volunteers are not asked to contribute often, and usually really enjoy the contact with others.

Breezeway Boutique

The Breezeway Boutique continues to be a great success. Every day there seem to be new treasures to explore, and many people go "shopping" there regularly. **Kevin Mulvany** and **Tara Plocher** keep the place well organized and clean, with Kevin taking surplus items to local charity shops.

Monthly Crafts Market

Also in the breezeway, we will soon be having a monthly crafts fair – the Breezeway Crafts Market – where residents can sell their crafts and wares to all of us. It is planned that the market will be held on the first Sunday of each month from 2-4, with setup at 1.

Contractors Guide

The Contractors Guide always welcomes your feedback on local contractors you have used. This is a wonderful resource for finding help with small construction jobs, gardeners, painters, and many other useful connections. There are still people having good or bad experiences with contractors that we would like to hear about. The guide is very useful to people who are looking to get things fixed. See www.marinvalley.net/contractors-rating-guide/ We look forward to getting your input!

Music and Theater

In the future, we will be seeing a new, original play written, produced, and acted by residents; more details as it develops. We will also have a continuation by the chorus and individuals who starred in our successful Talent Show last year. For any musicians who live in the Park: if you play an instrument or sing, **Maggie Siegfried** would like to hear from you for a show soon. It is wonderful to be able to draw on our talented local community members.

Owl Boxes

Our new steering committee member **Anne Lakota** has completed a lot of the preliminary work required for cleaning our owl boxes and having new ones installed. She identified the existing boxes, got in touch with The Hungry Owl Project, and managed to find their expert to help us plan the locations for the new boxes. Owls help abate our rodent problem.

Please stay healthy and do whatever you can to uplift your fellow residents.

The next HOL meeting will be Wednesday, February 2, at 6 pm, via Zoom. The link will be on the website, or call me. Everyone is always welcome.

Best wishes,



John Feld

John Feld
HOL PRESIDENT
johnmfeld@gmail.com
510-495-4138 cell

The Breezeway Crafts Market

First Sundays of the Month • 2 – 4 pm

HOL will be sponsoring the Breezeway Crafts Market every first Sunday of the month, rain or shine, starting in February. It will take place from 2 to 4 pm, with setup starting at 1 pm.

Items do not have to be made by the seller. We will set up tables in the breezeway, and all will wear masks. Please contact Tara Plocher at taraplocher@gmail.com if you would like to reserve a table. Residents only.



Re-potting in the Park

by **KAMALA ALLEN**

I don't think many of us have noticed the very large plant in a very small container that lived in the Fireside Room for about 18 years. I certainly hadn't. Yet I had to get quite intimate with it recently as I helped Pauline Hawkins and Sean Casey give it a new home. Pauline had noticed that it was depressed and unwell because its container was breaking down, but even so, since moving to the ballroom it was trying to perk up. Thanks to Pauline, who found the perfect planter after a long search, and HOL, which provided the financing, it now lives in a brand new, spacious, and attractive domicile near the back window of the ballroom. No more cramped roots, and no more leaking on the ballroom floor when it got a drink of water.

In order to reseat this massive specimen of schefflera, it took two or three of us, because well, frankly, it is a LARGE plant. First, Sean brought his power saw and cut through the old pot; then Pauline loosened the roots while I held it from falling over.



While Pauline and Sean were working, I took photos until the real photographer (Sean) took over to memorialize our botanical adventure.



Sean, bless his heart, lifted it into its new “casa” so Pauline could do her magic to get it started there.

It seemed we saved it just in time because the leaves were all turning a sickly yellow green with a thin layer of what looks like fuzz on them. Pauline could tell you what that is. I didn’t really want to know.

Anyway, it’s there for your enjoyment now and starting to exude “happy” again. If you’re in the ballroom, go by, say hello, and give it some juju, and maybe we’ll have its delightful green presence for many more years to come.



Bet You Didn't Know This About...

Warren Edgar

by **WARREN EDGAR**

Passing the time recently while my car was being worked on, I walked into an antique store in Novato. On the very top of a stack of old *Life* magazines was the September 1, 1958, issue headlining the first voyage of the nuclear-powered submarine *Nautilus* that had just crossed under the polar ice cap between Pearl Harbor and Portland, England.



It took me right back:

In 1957 I had recently gotten my wings as a Naval aviator attached to VP-9 at Naval Air Station Alameda, and then deployed to Kodiak,

Alaska. I was flying PV2-7 Neptunes on routine reconnaissance around the Bering Sea, keeping an eye out with a Magnetic Airborne Detector for possible submarines. The Cold War was on, and nobody was trusting anybody.

In August 1958 Shephard Jenks, a Navy Lieutenant, not an aviator, came onboard, and the commanding officer briefed us sternly: "Don't ask questions; just take him wherever he wants to go, no higher than 300 feet above the surface. Don't talk about this to anybody." This operation was kept Top Secret until it was completed; even the wives didn't know.

Shep Jenks crawled into the glass bubble in the nose of the plane with his equipment. He spent two to three weeks directing our flights toward the North Pole, talking to the navigators back in the cabin with the charts: "Put a mark where we are right now—that's number 21," etc.

Shep got along well with the men in the O Club, talking about everything but who he was and what he was doing. One day our squadron was ordered to discontinue these flights and return to our normal function of patrolling the boundaries of the western side of the Bering Sea, but within 45 minutes the Dept. of Defense countermanded that order and told us to keep complying with Shep's directions over the ice and making charts. Shortly thereafter, Shep Jenks departed the squadron.

A few weeks afterwards, the story hit the newspapers, and only then did we all learn who Shep Jenks was. He was the navigator for the *Nautilus*! He had been scoping out safe passage under the dangerously thick ice. Before this, no submarine had ever traveled more than seven miles underneath the ice, and this trip was nearly 1,000 miles, with no incidents.

The Dept. of Defense had written articles for the men's hometown papers, timed to go with the *Life* article and other publicity. The Russians had just sent up *Sputnik*, so this was a major accomplishment for Eisenhower to tell the world about. The first time I knew about what he had been doing was when my parents wrote a letter congratulating me!

Years later, after we had both retired from the Navy and I was living in Marin, I always hoped that I could learn where Shep was living so we could visit. I had presumed that he retired in the San Diego area. One day I read that he had passed away and had been living all this time in Benicia.

The Bakerfield Californian



GAIL W. EDGAR — Navy Lt. (ig) Edgar, son of Dr. and Mrs. Joan R. Edgar, 2425 Beach St., aided the USS Nautilus' passage under the North Pole ice pack by recent ice reconnaissance patrols off the northern coast of Alaska, charting the ever-changing positions of Arctic flows.



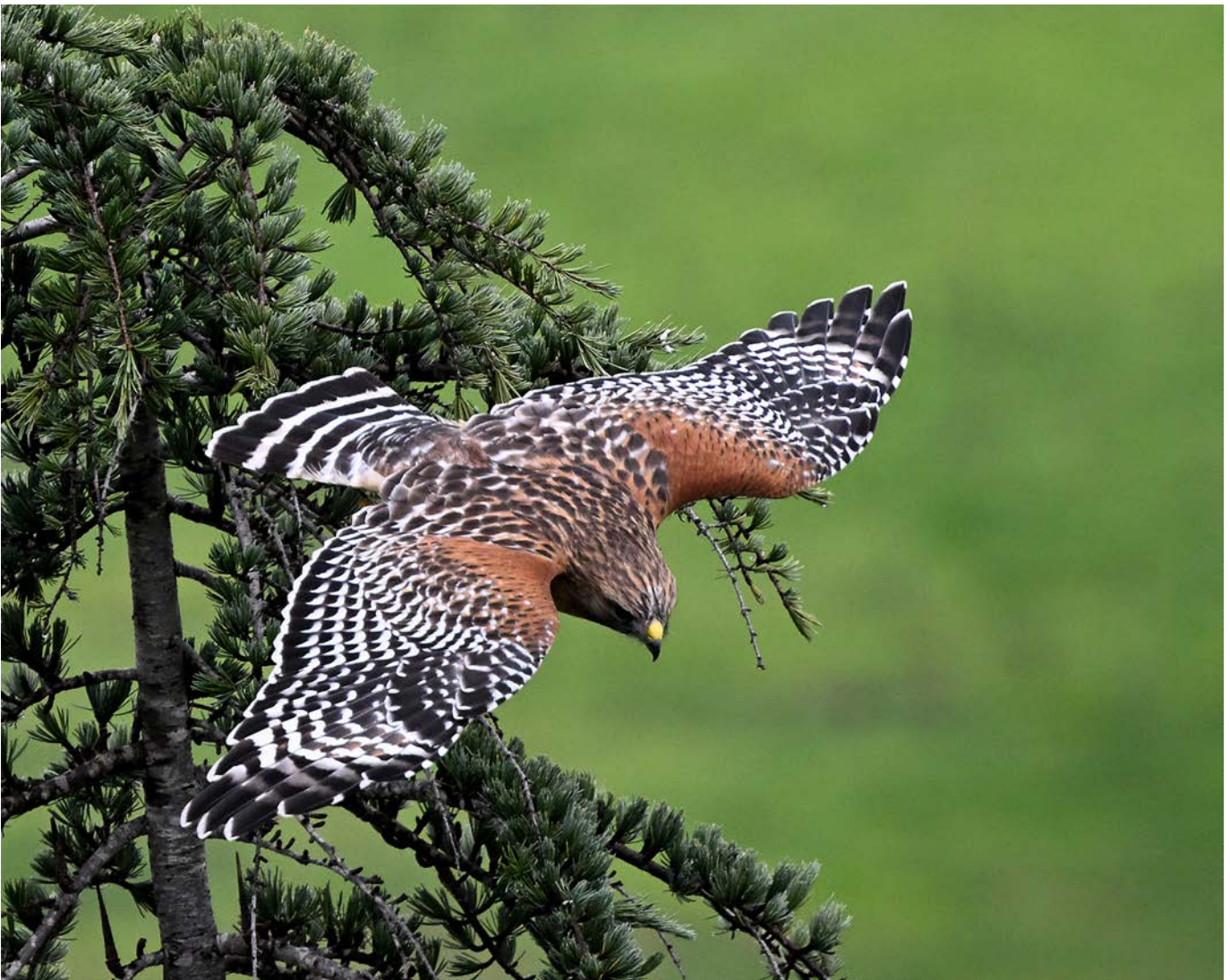
GREAT NEW UNDERWATER NAVY EXPLOIT
THE VOYAGE OF THE 'NAUTILUS'
CREW'S STORY ON FOLLOWING PAGES

Red-shouldered Hawk

Text and Photography by **DAVID GRAY**

We are quite lucky to have a resident red-shouldered hawk (*Buteo lineatus*) family in the Park. We see them and hear them fairly frequently, and so I thought I'd try to get some better photos than the ones I took four years ago.

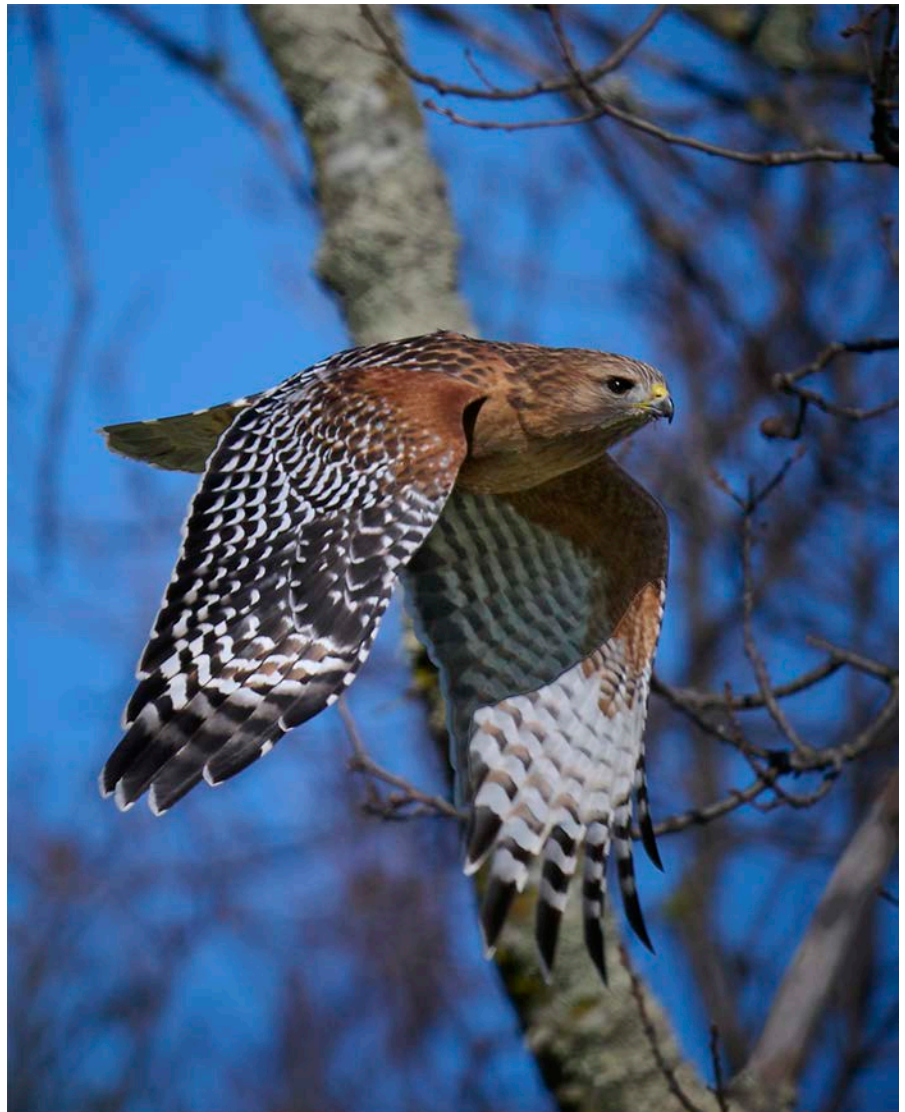
The red-shouldered hawk is about 60% the size of a red-tailed hawk and has a black tail banded with white stripes. Seen from above, it is clear how the bird got its name, with its rich, rust-red-colored shoulders. The coloring is also visible from underneath at the coverts and on the body but is less striking. The tops of its wings have a pronounced and intricate barring pattern.



Since we have both red-tailed hawks and red-shouldered hawks here in the Park, one way to distinguish the species is aurally via their respective calls. Red-shouldered hawks tend to issue a long sequence of calls (*keeyah keeyah*), while the red-tailed hawks have a similarly toned call but are much less vociferous, issuing a single falling *cheeeew*.

They are gorgeous birds, and I am so happy to have them here in the Park and very excited to attempt to photograph them in-flight! The red-shouldered hawk family that we have tends to nest in the pine trees up on View Ridge Drive, and they have raised at least two or three broods of young in the five years that we've lived here. They are hunters and help to keep the rodent population down. (PLEASE, NEVER use poison to kill rodents; those poisons kill our raptors and owls, too!)

With any luck, as you are reading this I am in Tanzania on a three-week-long photo safari. Lions and cheetahs and leopards and elephants and rhinoceros and giraffes and zebras and hyenas and green mambas and puff adders, oh, my! Not to mention the birds ... and mosquitos and tsetse flies. And chameleons and frogs in the rainforest.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="text-align: center;">FEBRUARY 2022</h1>		1	2	3	4	5
		2-3PM Craft & Chat on hold for now 6PM PAC Meeting <i>Zoom/contact Carol-Joy Harris</i>	4:30PM Dancing Deck 6PM HOL Board Meeting <i>Zoom/contact John Feld</i> 6PM Improv <i>Zoom</i>	11AM-12PM Rollin' Root 	12 PM Mahjong 1-1:30PM Rollin' Root 4:30PM Dancing Meadow/Deck 5-7PM Pub	4:30PM Dance Meadow/Deck
6	7	8	9	10	11	12
10-10:30AM Meditation <i>Zoom, contact M. Hagerty</i> 2-4PM Breezeway Crafts Market	6AM Trash 10AM Chair Yoga video 5PM MVEST <i>Zoom/contact John Hansen</i>	ECHO Deadline 4PM Circle of Friends <i>contact Aneasha Dillon</i>	4:30PM Dancing 6PM Mar Val Meeting	11AM-12PM Rollin' Root  6PM Wildfire Watch* 7PM BioNight Anne Lakota	12 PM Mahjong 1-1:30PM Rollin' Root 4:30PM Dancing 5-7PM Pub	4:30PM Dance Meadow/Deck
13	14	15	16	17	18	19
10-10:30AM Meditation	6AM Trash 10AM Chair Yoga video 5PM MVEST		11-3PM Bridge 4:30PM Dancing	11AM-12PM Rollin' Root 	12 PM Mahjong 1-1:30PM Rollin' Root 4:30PM Dancing 5-7PM Pub	4:30PM Dance Meadow/Deck
20	21	22	23	24	25	26
10-10:30AM Meditation	6AM Trash 10AM Chair Yoga video 5PM MVEST		4PM Book Club 4:30PM Dancing 5PM Mardi Gras Deadline	11AM-12PM Rollin' Root 	12PM Mahjong 1-1:30PM Rollin' Root 4:30PM Dancing 5-7PM Pub	4:30PM Dance Meadow/Deck 5PM Mardi Gras
27	28	<p>Many classes/meetings are on Zoom these days. Please check marinvalley.net to see if events have been changed.</p> <p>*www.firesafemarin.org/programs/wildfire-watch</p>				